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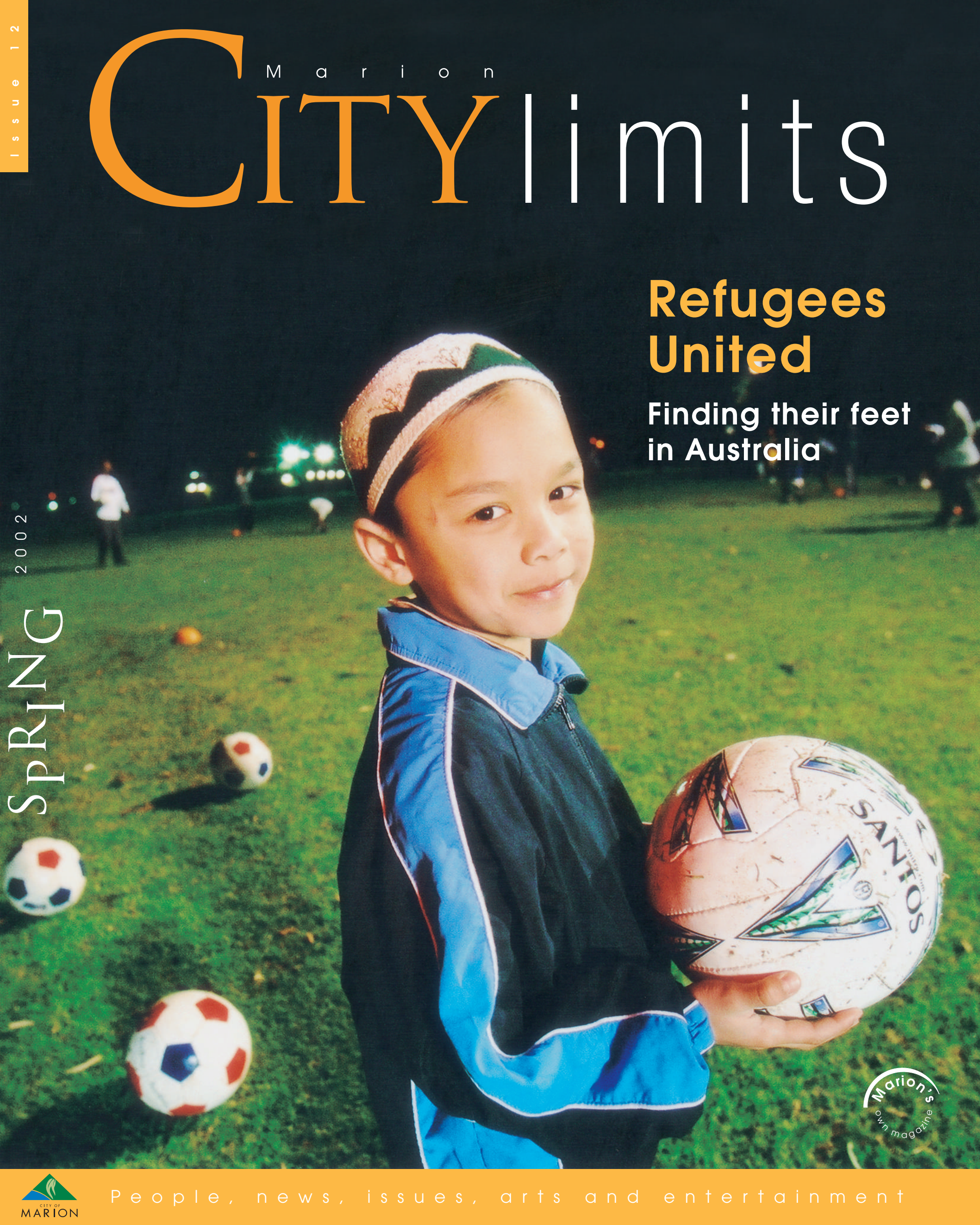
M a r i o n

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2002

SPRING



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People, news, issues, arts and entertainment



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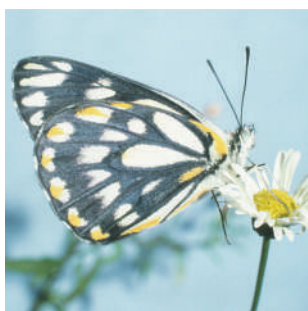
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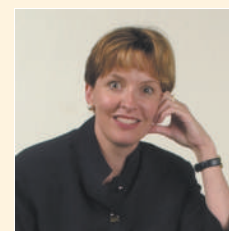


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By **JULIA DAVISON**  
*Chief Executive, Flinders Medical Centre*

A hospital without walls

**M**arion is one of a number of southern councils serviced by Flinders Medical Centre, and local residents stand to benefit from the hospital's growing shift towards more accessible community health care services.

Medical advances over recent years have reduced the length of time many of our patients need to spend in hospital and it has become possible to provide an increasing range of services in a community setting. This means that many patients can be cared for without being admitted to hospital, or they may have a short stay in an acute care hospital and then receive nursing and medical care at home or in another community setting.

This has many advantages - most people prefer to remain at home with their family providing there is adequate support available - recovery is faster, it's less expensive and patients are generally more comfortable in surroundings they are familiar with.

These changes have led to the development of a new model of service provision for Flinders Medical Centre, one that is sometimes referred to as a 'hospital without walls'. More and more we are taking services into the community or working in partnership with councils and established community based services to provide care for patients. Health promotion and early intervention to prevent people from getting sick is also an important focus.

Flinders Medical Centre now provides a number of community-based health services such as Inner Southern Community Health Service (ISCHS), Child and Adolescent Mental Health Services and Flinders Mental Health. We are also providing an increasing range of outreach services including a Hospital@Home service, and an Emergency To Home Outreach Service for patients over 65 years. Flinders is trialling a Home Support Service to support people in their homes during the first few days after they leave hospital.

We also work in partnership with other hospitals such as Noarlunga Health Services, the Repatriation General Hospital and Flinders Private to provide services for patients, and we link with

other health service providers such as general practitioners, RDNS and Metropolitan Domiciliary Care.

FMC also works with Marion Council to deliver important community health care services to the City of Marion.

For example, Marion Council and FMC jointly fund and administer the Marion Youth Centre, through ISCHS.

In addition, Marion Mayor **Felicity-ann Lewis** is a member of the Flinders Medical Centre Board of Directors. Both in her capacity as Mayor, and with her strong professional community health care focus, Felicity-ann is well positioned to help us network effectively between the hospital, government agencies and the community.

The strong links that FMC has established in the community are very important from the patient's perspective. It's important that the services are well co-ordinated so care is not interrupted when they move from one service to another, for example from hospital to home or from one hospital to another.

This is a challenge which we are all working hard to address and is one of the reasons why it's good to have consumer representatives involved in the planning, development and monitoring of services.

A public teaching hospital like Flinders is a vital community resource. It has a range of expensive high technology diagnostic and treatment facilities and it supports other health services in the South through its role as a specialist referral centre.

As one of South Australia's two major trauma centres it provides a retrieval service by helicopter and ambulance for the southern area.

If you have a serious accident or a heart attack or need high technology surgery, initially you will probably need the special services and care that Flinders can provide. But over the course of your recovery a range of different services will probably be involved in your care and return to health.

It's all about partnerships. ◀



## Asthma art

▶ **Sam Ormsby, Matthew Rushworth, Emma Walters and Courtney Hughes** and are among the Year 4s and 5s at St Martin de Porres School, Sheidow Park, who provided the detailed artwork on a large public mural promoting good health.

While the whole school contributed to the mural, it was the 4s and 5s who worked with artist **Dee Barton** to put the finishing touches to the piece, called *A Celebration of Life*.

Asthma Aware provided a grant for the artwork, and Mitre 10 on Brighton Road donated paint. ◀



## Sister-city act

▶ Ten high school students from Kokubunji, in Japan, saw the sights of Marion on the latest visit in the sister-cities' exchange program, which celebrates its 10th birthday next year.

The students, pictured here at Marion Council, stayed with families from Hallett Cove School and took in the new Cultural Centre, the Council Chambers, Warriparinga and Charlesworth Nuts. They were given a reception at Mitsubishi Motors.

Marion Manager Governance **Victoria Minenko** says the visit further strengthened the Marion-Kokubunji sister-city relationship.

At their farewell the students described their visit as one of their "most exciting life experiences." ◀



## Garden guys

▶ **Frank Poulin**, garden coordinator **Gus Slape** and **Ben Englen** harvested the last of the winter vegetables from the Picket Fence community garden at St Marys Anglican Church, South Road, St Marys.

So now it's time to plant the summer crop, and Picket Fence Community Centre coordinator **Nereda Ozols** is looking for volunteer gardeners to help get the season underway. The Centre is open from 11am to 3pm on Mondays, Thursdays and Fridays, and the garden can be worked then.

Nereda says volunteers can take home their share of tomatoes and cucumbers and other summer veggies. "The garden supplies the vegetables for our hot meals on Wednesday nights," she says, "and any excess goes to people in need."

"If there's even more left, it goes to the Inner Southern Community Health Service's food co-op."

If you'd like to become involved in the Picket Fence community garden, telephone **8374 2522**. ◀



## Talking books

▶ Best-selling Australian novelist **Monica McInerney**, one-time wardrobe girl and scriptwriter for Humphrey B. Bear, proved she can talk as well as she can write at a lunch at the Marion Cultural Centre Library.

Originally from the Clare Valley, Monica, author of *A Taste for It* and *Upside Down Inside Out*, Monica entertained 50 guests with tales of previous lives as an event manager, public relations consultant, barmaid and that bear. She also brought along a 600-page manuscript and explained what it took to become a writer.

Marion Library Programs Coordinator **Jenny Newman** says Monica was "a very down-to-earth, humorous lady. She's the middle child of seven, which means she is supposed to be psychotic. She joked that maybe that's what makes her books so interesting." ◀



## Much-needed nurses

▶ **John Coomblas**, pictured with two-days-old **Alexia**, is one of the 'six faces of Flinders' in a major Flinders Medical Centre campaign to recruit more nurses.

John became the first male clinical midwife consultant in a large South Australian hospital when he joined Flinders more than three years ago. He now leads the team in the labour and delivery suite.

"As the only hospital in South Australia that can provide intensive care services to both mothers and babies, Flinders offers great learning opportunities to midwives," John says.

Flinders employs more than 1400 nurses and midwives, but Executive Director of Nursing and Patient Services **Brenda Wilson** says at least another 35 are needed in a range of clinical areas. The campaign phone number is **1300 66 77 37**. ◀

## Water music

▶ Eco-musician **Bon Darlington**'s message is "everyone who lives on land lives in a water catchment area." And when she sings along with the children of Ascot Park Primary School, she doesn't have much trouble getting her message across.

"The children love to sing," Bon says. "They tell me singing outside under the salmon gum gives them harmony. Through eco-music they learn how important water-catchment management is."

The City of Marion has given the school \$600 for native plantings, and the children, pictured here with Bon and school council chair **Susan Hall** on her right, are "very excited about that." ◀





## The kayak kid

► Fourteen-year-old Hallett Cove School student **Alex Carr** won no less than six medals at the State freshwater kayaking championships. Then he followed up with a silver medal in the under 16 K4 event at the national titles in Penrith, NSW.

Alex is a product of the South Australian Sports Institute talent search program. He trains at West Lakes four days a week, and intends to explore his kayaking potential as far as he can. Before he was introduced to the sport less than a year ago, he played underage footy for Marion, but had to give that away because of the risk of injury.

Instead, Alex is a boundary umpire for the Southern Football League, and still plays tennis in summer. ◀



## Successful maths diet

► St Martin de Porres School Year 5s **Elise Jonas, Ryan Smith, Ashleigh Penrose, Sarah Giles** and **Duncan Marshall** (left to right above) have been doing maths at lunchtime of their own free will for the past three years.

Now the Maths Club members' dedication has paid off in the 2002 Primary Maths Challenge. The three girls and Ryan, along with **Cassie McKenna** were winners in the Year 5 Small Group category. They go on to national judging later this year.

Duncan was highly recommended in the individual Year 5 category. To maths key coordinator **Christina Jonas**, the awards are "the icing on the cake" for the club members. "It's a voluntary club, and they love maths anyway," she says. ◀

## Jacqui comes home

Eight years ago, 10-year-old **Jacqui Dunn** was at Adelaide Airport to welcome home her older gymnast schoolmate **Rebecca Stoyel**, who won gold and silver medals at the Commonwealth Games in Victoria, Canada.

This year the wheel turned full circle for Jacqui, now 18, when students at the Ascot Park Gymnastic Focus School were at the airport for her triumphant return as a Manchester Commonwealth Games gold and bronze medallist.

Then it was back to Ascot Park for what her former teacher **Dimitri Katsambis** called "a very important day for the school, to welcome back a former student as a medallist."

"Everyone was stoked, over the moon. Jacqui showcased the very, very best that Ascot Park has to offer as a school, and through its Gym-JETS program, he said."

As an elite gymnast, Jacqui now lives in Canberra and trains at the Australian Institute of Sport.

But she spent all her primary school years, from 1992 to 1996, at Ascot Park, which is unique in Australia and possibly the western world for providing both education and high-performance sports training under the one roof.

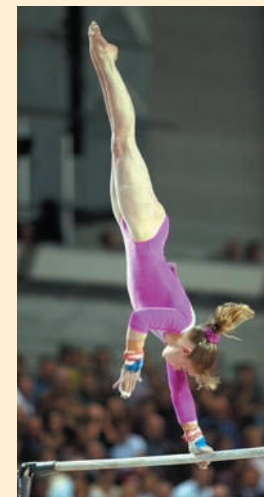
Ascot Park was chosen for the elite Gym-JETS program, which began in 1989, because of its proximity to Gymnastics SA at the Marion Leisure and Fitness Centre. All students there do gymnastics, but not all are Gym-JETS.

Jacqui obviously came into the latter category, although Dimitri Katsambis, who taught her from Years 4 to 7 in the special Gym Focus class, says she was no slouch in the classroom. "The determination and time use that were part and parcel of Jacqui's gymnastics carried over into her schoolwork.

"There was a clear connection between body and mind. Naturally we're now all hoping she will represent Australia at the Athens Olympic Games." ◀



Above: Jacqui is welcomed by Ascot Park Primary School students on her home-coming from the Commonwealth Games.



Left: Jacqui, the elite gymnast.

## Miss Craker the cricketer

► Westminster School Year Seven student **Eve Craker** bowls medium-pace and occasionally spin. Her best figures are 4/3, and sometimes she can dismiss her big brother **Todd**, 15. But cricket is her favourite game because "it's fun and you can run around a lot on the field."

Eve trains with the under 13 State development squad at Adelaide Oval. One day she would like to play for the SA Scorpions women's cricket team, then even wear the baggy green cap of Australia. However, another round ball game also occupies her time. As *City Limits* was going to press Eve was goalie for the SAPSASA State team in the national age titles in Melbourne. ◀



## Carry that weight



► **Joey Morley** and **Josh Hopper** of Bethesda Christian College have won gold medals at the annual SASI weightlifting championships. In the 105-kilogram division, Josh, 15, also broke three State school records - for snatch, clean and jerk, and total.

Joey, 16, defeated allcomers in the 51-kilogram division.

A SASI talent searcher who visited Bethesda last year identified both boys as potential weightlifters. Josh, after swimming for seven years and playing cricket, reckons that was a lucky day. He will try to make the next Commonwealth Games team in Melbourne in 2006, then go for the Beijing Olympics two years later.

Joey, whose previous interest was athletics, likes the "power of the sport, the need for the individual to be strong in himself." He says he will take it one weight at a time. ◀

## Bench mark



► Marion Lions Club immediate past president **Ron Pearce**, Mayor **Felicity-ann Lewis** and **Bill Jolley** try out the new garden seat provided by the Lions Club at the Marion Cultural Centre. The seat is in a sheltered location with a sunny aspect overlooking the Plaza.

"It's in a pleasant place to sit and read," says **Hugh Dixon**, Marion's Project Planner for The Domain. ◀

## Rugby boy

► Sacred Heart College Middle School Year 7 student **Luke Brown**'s decision to follow in the footsteps of his rugby-playing dad **Scott** has paid off with selection for South Australia. Luke played in the State under 14 team that beat Victoria in Wollongong, but lost to the ACT, West Sydney and NSW Country.

The win over Victoria avenged a defeat in an earlier game in Melbourne in which Luke also played.

A second row or breakaway, Luke, 12, has been with the Brighton Rugby Club for six years. In summer he is a surf lifesaver at Seacliff. ◀



## ▶ letters to the editor

*City Limits* is now in its fourth !!!! year.

During this time the magazine has built up a unique and colourful profile of the Marion community. This has been achieved by showcasing the people who live and work in the City.

*City Limits* breaks from the conventional approach to council publications by moving the spotlight away from council achievements.

Instead it focusses on the needs and contributions of the community itself.

In looking behind the scenes of our council area, the magazine reveals the very real and always inspiring qualities of the diverse people who make up Marion.

Each *City Limits* produces lively feedback. Here is some generated by our autumn/winter 2002 edition.

### ...from Marion

My congratulations to you and your team for the Autumn edition of Marion *City Limits*. I found the contents and diversity of subjects covered excellent. Good work.

Mrs J Horton, OAM

I have just read the latest issue of *City Limits*. I just have to tell you that I think it is excellent. Well done. Keep up the good work.

John Skull, Marino

### ...from Adelaide

Having just seen a copy of the Autumn 2002 edition, I would like to congratulate you on a magnificent publication. I also wanted to ask if I can receive a back issue which I'm told had an article on the reformatory ship 'Fitzjames'.

Terry Arnott,

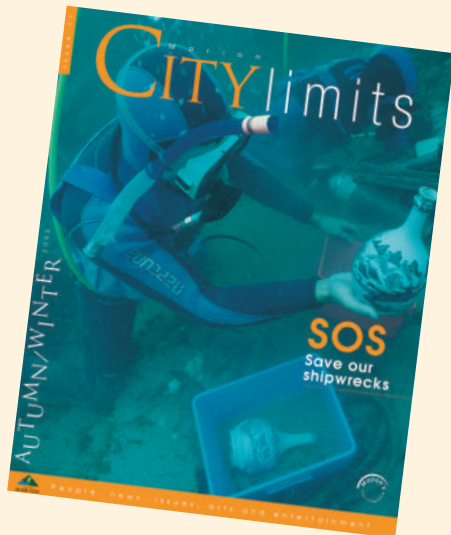
Principal Maritime Heritage Officer  
Heritage South Australia, Department  
for Environment and Heritage

### ...from other media

"The Marion City Council's *City Limits* magazine is a wonderful publication."

Keith Martyn,

5DN Keith Martyn and Jeff Sunderland,  
10 July 2002



### ...from interstate

Congratulations! ICLEI would like to take the opportunity to congratulate the City of Marion for the outstanding progress they have made in sustainable development in the Marion region as highlighted by the feature article 'Planet Earth Movers' in the City of Marion's *City Limits* Magazine. Such recognition is a fantastic achievement for the SA Partnership for Local Agenda 21, and the City of Marion...

Alison Cleary,

CCPJ Program Manager, International  
Council for Local Environmental  
Initiatives, Melbourne

### ...and from overseas

(Last issue, *City Limits* ran an article about Marion's Dutch couple, the **Pelgrims**, and the miniature Dutch village which they've built on their front lawn. The story was picked up and published in Holland's *Woensdag* newspaper a few weeks later.)



LETTERS TO THE EDITOR

## ▶ made in Marion

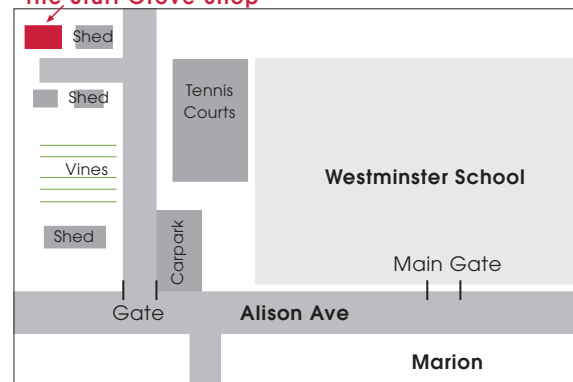


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#### The Sturt Grove Shop



#### Sturt Grove Farm

Westminster School operates a small farm as part of its Agricultural Science program. Enterprises include poultry, turkeys, eggs, vines and lamb. All produce is grown and marketed by the students and can be purchased by the public. Chickens and turkeys are grown in a deep litter environment, and no artificial hormones or additives are fed or administered to the birds. The bottles of wine are produced at the farm but are sold from Patrilli Winery, Dover Gardens.

#### Westminster School

Alison Avenue, Marion.  
Tel: 8374 2373 or 0408 545 380.  
Open Fridays 3pm - 4.30pm,  
or by appointment. Deliveries  
available for large orders  
(phone above).



# Small car, BIG cannon

In his working hours Marion Council Traffic Officer MARTIN BLUNDEN counts cars. Outside those working hours he collects cars – thousands of them. Here Martin tells how taking delivery of a humble ice-cream van has led to a love affair he expects to last a lifetime.

Martin Blunden

“It was a Dodge Commando truck, decked out as a Streets ice-cream van. The year was 1987, I think, and that was the first vehicle I bought. Today it’s still not particularly valuable, but it has sentimental value for me.

I was 15, and I had grown up in Salisbury East playing with my older brothers’ Matchbox cars from the 1960s. I inherited them. Then one day I saw a newspaper article about an auction in England of vintage Matchboxes. I decided that perhaps I wasn’t respecting my cars enough, and it all grew from there.

Now I have between 2000 and 3000 vehicles. Last year my whole family moved from the north of Adelaide to three show homes alongside each other in Sheidow Park. I’m still unpacking and rebuilding a bedroom into a display room purely for the Matchbox collection, so until that’s done I won’t know how many I have.

But there are cars in the hallway and in the dining room.

While basically I collect die-cast miniature cars, I also have sci-fi books and trading cards. I’m an aviation fan, so I have a good collection of aircraft, with World War II fighter planes a special interest.

And I have been making models from kits for even longer than I have been collecting. They include figures, planes, cars and military vehicles.

Then there are the play sets – the buildings that go with the cars. I have 20 of those, along with a Matchbox electric racing car set released in the late ‘70s. Scalextric pretty well took over that market, so my set is a rarity these days.

After Matchbox, I go for Dinky, mainly because they are cars of the ‘50s to ‘70s. Then with Corgi I concentrate on their larger models – their vehicles and sci-fi spaceships. Days Gone By was set up by the founder of Matchbox, and I look for the harder-to-get vintage vehicles.

I belong to the Matchbox International Collectors Association, and there are 100,000 Matchbox collectors around the world, so you have to be quick. You can get Matchbox miniatures in Big W and K-Mart for \$2.60, while there are other specialist shops in Pooraka and off Rundle Mall. The most I’ve paid is \$120, for a yesteryear model.

I’ve set myself a limit of \$150, but others are prepared to pay \$400 to \$800. There are Dinkys that go for \$18,000, and the number of collectors is growing worldwide. When I started, eastern Europe was closed. Now places like Czechoslovakia and Russia have put many more collectors on the market.

So there are plenty of models that I don’t have. Matchbox cars are made in England, China, Macau, Thailand, Bulgaria, Hungary, Japan and Brazil. I’m missing Brazil. Then there are the ‘wish’ models – the nice-to-



Brothers Martin and Norman with their full-size replica US Civil War cannon.

But I don’t collect for money. I collect because I enjoy it. I call it the hunt. New models are released randomly, so you don’t know beforehand what to expect. You try to track it down. Then there’s the pleasure of finishing off a set, or collecting the same model in all of its different paint schemes.

I did my first traffic count for Marion in 1992, and it’s a just a coincidence that I work in that area and also collect cars

Living close to work has had other benefits. Our parents **Colin** and **Margaret** were getting older, and we needed houses next to each other so we could look after them. Mum and Dad live with me, my brothers **Norman** and **Ian** are next door, and my sister **Kate** is next door to them.

In my brothers’ carport is the full-size replica US Civil War cannon I share with Norman, in full working order. It’s the only one in South Australia, and one of only three in Australia. We fire it on Australia Day and at historical displays, generating plenty of smoke and noise. **Chris Dare**, a blind person, fires the cannon. As president of the Artillery Display Team, I was pleased to enter our cannon in the world muzzle-loading championships at Monarto last year.

Collecting runs through the family. While I’m single and have the income, I can keep on collecting until who knows when? Until the day I die, I hope. ”

have ones.

About 10 years ago Matchbox put out a two-model set with artwork by **Pro Hart**, himself a Matchbox collector, for \$150. But you could only buy through the ballot system, and my name didn’t come up. Now they’re worth \$1000 to \$1500.



# agenda

## Living Kurna Cultural Centre



**N**ine years of negotiation and cooperation between the City of Marion and Kurna Aboriginal people were rewarded when the Living Kurna Cultural Centre opened on 20 September.

The Centre is a landmark cultural heritage project of national significance.

Built mainly in the classic Australian style of native timbers and galvanised iron, it sits alongside the European-heritage Fairford House at Warriparinga, which is bounded by South, Sturt and Marion Roads.

The Centre was devised with the notion of sitting lightly on the earth, with design input from the Kurna people. The design of the roof reflects the outspread wings of the ibis, the spirit of the ancestral being Tjirbruki who is commemorated in the nearby Tjirbruki Gateway artwork.

The Sturt River and Linear Park, and the Warriparinga Wetland are also close by (see 'Getaway', page 35).

The Centre's aim is to develop a cultural and heritage facility that benefits Kurna and other Aboriginal people, as well as the broader community.

Both the Kurna community and the Council believe that the spiritual significance of the land at Warriparinga, along with the historical features of European settlement, will combine to raise awareness about European history and the impact it has had on Kurna culture.

The idea for the Cultural Centre came about when the Kurna Aboriginal Community Heritage Association (KACHA) and Council staff first got together in 1993 to discuss concepts and a management plan for Warriparinga.

For the previous 100 years the land had been a farm and vineyards owned by the pioneer Laffer family, who lived in Fairford House. However, throughout that time it was still visited by the Kurna people of the Adelaide Plains.

According to a directional paper for KACHA and the Council, "the Warriparinga site holds significant relevance to the Kurna cultural history and provides an opportunity of drawing on the spirit of the land through Tjirbruki, a Kurna Dreamtime legend.

"(It) allows for the continuing 'organic' relationship between the Peoples and the land. The project recognises Kurna's custodial status and signifies the 'coming home' for Kurna."

The new Centre has three principal areas of focus: cultural and social; educational and environmental; and commercial and financial.

Marion Director Development **Don Donaldson** said the Council believes the Centre is "very worthwhile, an active demonstration of reconciliation working. It is a great opportunity for Kurna people to come together and reaffirm their relationship to the land.

"The Centre will help facilitate a cultural renewal program and provide economic opportunities through eco and cultural tourism," he said. ◀

## Cultural Centre design awarded

► "A bold design that will challenge architectural principles" was how the Marion Cultural Centre was described when it opened in November 2001.

And now that boldness has been recognised with a major architectural award.

The Marion Cultural Centre joined two other striking public buildings – the Adelaide Convention Centre and the National Wine Centre – as winners in the best 'New Building' category at the recent Royal Australian Institute of Architects 2002 Awards (SA Chapter).

The Centre - described by judges as a "landmark structure and a new focus for community life" - was the only building outside the CBD to take out the major award.

Marion Mayor **Felicity-ann Lewis** said the entire community should be proud of the achievement. She also praised the architects – **Ashton Raggatt McDougall** and **Phillips Pilkington** - for "breaking the mould" and designing a building that was "out there".

"Some people love it, some people recognise its unique design qualities, and others are still not sure – but that is what arts and culture are all about. At the end of the day, no-one can doubt what this Centre offers our community," she said.

This award is the third for the Cultural Centre this year, with the Landscape Association of SA Inc also recognising the Centre's innovative design in commercial landscaping and for a project using stone. ◀



## Business advice

► A new service for local businesses was launched at Morphettville Racecourse recently.

The Inner Southern Business Enterprise Centre (BEC) will provide free or low cost advice to people intending to start a business or who are already operating a business in the Marion and Holdfast Bay Council areas. It is a joint initiative of the Marion and Holdfast Bay Councils and the State Government.

"The BEC is a good example of how Local and State Governments can work together to provide a service which cuts across Council boundaries," said Marion Mayor **Felicity-ann Lewis**.

"However it is far from a government run and operated service," she said.

A board of local business people meets monthly to oversee the operation of the BEC and chart its direction.

BEC manager **Alan Amezdroz** said he has already received a very positive response from local business owners to the new service.

"There has been a steady demand for information and advice, especially from people intending to start a business," he said.

"However, it's not just business starters who can make use of the service. We provide information, mentoring, networking and business development opportunities for all businesses including those who are facing difficulties as well as those wishing to expand."

He said that in addition to providing confidential individual advice, a programme of networking events and seminars is being developed.

The Inner Southern Business Enterprise Centre is based at Morphettville Racecourse. Tel. **8294 1181**. Email [alan@isbec.com.au](mailto:alan@isbec.com.au) ◀

## Speed cushions

► South Australia's first speed cushions will be installed on a trial basis in Churchill Avenue, Glandore. Speed cushions are a traffic calming device and are like a small, flat top (plateau) speed hump. They are used to reduce vehicle speeds and deter 'cut-through' traffic.

The British-designed cushions are made from 100 percent recycled rubber and do not adversely affect emergency service vehicles, stormwater drainage, cyclists, on-street parking or Council vehicles such as road sweepers and domestic waste collection trucks.

Although generally used as a permanent treatment, the cushions are removable and reusable. Marion Senior Traffic Manager **David Hayes** says they will be installed in a series along the street, and the trial will be watched with interest by authorities such as Transport SA and the Passenger Transport Board.

An increasing number of Victorian councils are using the devices, and they are now in use in NSW and the ACT. ◀



# agenda

## YAC on the move



Left to right: Dylan Lewis, Jack Parsons, Lachlan MacDonald (seated), Carolyn Habib, Christie Barbar, and Mayor Felicity-ann Lewis.

Marion's Youth Advisory Committee is up and running.

After a two-day training workshop last school holidays, the 20-member committee, made up of young people aged 12 to 24, met officially for the first time on 31 July.

The Marion YAC discusses local youth issues and provides information to Marion Council and other organisations. Its role includes representing the views of local young people, advising Elected Members and Council staff, conducting local youth surveys, lobbying community decision-makers and promoting positive images of young people.

Committee membership includes high school, university and TAFE students, and both employed and unemployed young people.

Marion Community Development Officer **Sarah Addis** says young people constitute 26.7 percent of the population of Marion and more than 30 percent of the population of South Ward.

"With more than a quarter of our population made up of young people, their feedback is vital and their networks are many and varied," she says.

Marion YAC's first officeholders are: Chairperson – **Carolyn Habib**, Vice-chair – **Amanda Blakely**, Secretary – **Roger Wolf**, Treasurer – **Benno Lang**, Council liaison – **Stephanie Vawser** and **Adam Costantini**, and Publicity – **Nikki Shearing**.

The committee had its beginning during Youth Week in April, when the Council held a successful youth event called !Spark! where young people identified issues that they wanted to do something about. The July workshop concentrated on topics such as how committees work, team building, local government, public speaking and working with the media.

At its first meeting the Marion YAC discussed development of its mission statement and logo. Committee members have a list of issues they are passionate about. Some of these include:

- More facilities for skateboarders and BMXers
- Live music venues for young people
- Places to hang out
- Transport
- Environment
- Safety

Once the YAC has decided on its initial projects, it will form special interest groups based on those issues. These can include other young people in the community, and will report to YAC each month.

Sarah Addis says any young person can be on the YAC, and there is no application process. However, the group is developing guidelines on how meetings will be run, how the special interest groups will be formed, and how decisions will be made.

The YAC gets together for a meal 30 minutes before its main meeting. This allows members to catch up, and to form friendships. The meetings are semi-formal, with every member encouraged to have his or her say.

While the YAC members run the meetings themselves, the Council provides maximum support. Council officers move in and out of the meetings, helping special interest groups when required.

Sarah Addis says the YAC would like to hear from any young people who wish to be involved in the group, or who have issues they would like the group to address.

Sarah is on **8375 6879** or **0412 246 693**. ◀

## Mayoral awards

### Prizewinning pasties

▶ **Jack Cullen**, of Resthaven in Marion, has been recognised with a Mayoral Award for raising \$600 for Canteen, for children with cancer.



Jack, 88, and his wife **Dorothy** spent more than 50 years in the mid-north town of Riverton, where they ran the general store. Jack also became famous in the area for his homemade pasties. When the couple came to town last year, Jack resumed his old baking hobby.

The results have sold like Jack's pasties, and the \$600 came in no time. ◀

Andrew, 18, went to Brighton Secondary School and was one of only nine South Australian students to score 20s in all his six subjects. He is doing a double degree in electrical/electronic engineering combined with science/physics.

Two of Andrew's 20s were in music, which he continues to pursue for relaxation. ◀

### Keeping Watch

▶ Twelve years ago **Barbara Coward** went along to a Warradale 060 Neighbourhood Watch general meeting and went home as its secretary.



Two years later, rather than see the group fold for lack of an area coordinator, Barbara nominated for the position. That was 10 years ago, and she is still area coordinator. ◀

### High markers

▶ **Andrew Heitman** of Hallett Cove has won a Commonwealth of Australia 2001 Students' Prize for outstanding achievement in Year 12.



# Mayoral awards

## Multicultural forum

▶ About 100 people heard a range of speakers at a multicultural forum arranged by the City of Marion and the Migrant Resource Centre of SA at the Council Chambers recently.

They ranged from ethno-specific and mainstream service providers to ethnic community leaders.

Marion Community Development Officer **Judy O'Sullivan** says the forum promoted networking and joint projects among the southern regional councils of Marion, Mitcham, Unley and Holdfast Bay.

It also celebrated the diversity of the region's communities. ◀

# Forum

## Dog rego

▶ Six Marion dog owners won 'pamper packs' for their pooches recently.

The prize winners, being selected here by Mayor **Felicity-ann Lewis** and Customer Services Manager **Frances McKenzie-Smith**, won the prizes under a Council incentive to encourage early dog registration.

For the first time this year, Marion's dog owners could take advantage of the option to pay dog registrations at local vets. About a third of dog owners took advantage of this option, with some using the opportunity to get their pets vaccinated at the same time.

Vets handling dog registrations in Marion include Hallett Cove Veterinary Surgery, Somerton Park Veterinary Clinic, Marion Small Animal Hospital and the Morphettville Veterinary Clinic.



This option is in addition to paying at Council's administration centre or by mail.

Please ensure that all dogs over the age of three months are registered with Council. Dog registration renewals were due 31 August. Register now to avoid a fine. ◀



## Marine sign designs



Local Marion Reefwatch member **Andrew Hunt**, found this juvenile female big bellied seahorse on Hallett Cove beach during a coast walk convened to discuss marine interpretative signs for Marion's coastal walking trail.

Community artist **Barbara O'Brien** is working with local people to develop the signs.

The coastal walk and workshop generated ideas and concepts for both placement and design of the signs, which are being funded by Coastcare. Marion Sustainability Officer **Rowena McLean** says the signs will be aimed at attracting interest in the marine environment at the same time as encouraging people to protect it. ◀

## Big on biodiversity

▶ As host council for the Urban Forest Biodiversity Program (UFBP) in the southern Adelaide region, the City of Marion will appoint a Project Officer this spring.

The officer will be responsible for a range of issues including helping councils, landholders and community groups in the conservation and management of native vegetation, and coordinating revegetation and habitat restoration projects.

Marion Sustainability Officer **Rowena McLean** says that the Council has already developed many programs to improve biodiversity in the area and that the hosting arrangement will build upon and extend these initiatives.

"Biodiversity is the variety of life," she says. "It is the different plants, animals and micro-organisms, the genes they contain, and the ecosystems they form. While we live in an urban environment, we can still do our bit to protect biodiversity, both within and outside of Marion."



The UFBP is a Local, State and Commonwealth initiative supported by the Natural Heritage Trust and working with the community to promote integrated land management with an emphasis on bio-diversity conservation in the metropolitan area.

For resources and further information on the UFBP or to find out more about how you can get involved in practical projects visit [www.urbanforest.on.net](http://www.urbanforest.on.net) ◀



Nitramulch, made from Marion's green organic wastes, is helping produce award-winning wine from McLaren Vale grapes.

## Organic waste to world's best wine

▶ Recyclers of green waste in Marion have played their own small part in the production of a South Australian wine voted the world's best red.

The Brokenwood 1999 Rayner Vintage Shiraz, made by **Iain Riggs** from grapes grown by **David Rayner** at McLaren Vale, took out the award at the London International Wine Challenge.

The vineyard's topsoil is low in nutrients, so each year David plants a cover crop and applies Nitra Mulch, which is made from composted organic wastes that Marion residents put out for kerbside collection every fortnight.

Each year more than 12,000 tonnes of green waste are composted by Peats Soil and Garden Supplies to make organic Nitra Mulch. In the past two years 4000 cubic metres of the mulch have been added to the vineyard. Peats sales manager **Chris Abbie** says this adds to the soil's carbon stocks and helps the vine to more effectively absorb nutrients.

Nitra Mulch also provides nutrients and promotes microbial activity.

While Marion residents might not be able to emulate the feat of David Rayner and Iain Riggs in creating the world's best red wine, they can still use Nitra Mulch on their own gardens. It is available from a variety of hardware stores and nurseries. ◀

## New residential design policies (PAR stage 1)



▶ After a comprehensive review lasting more than a year, Council has introduced new policies in its Development Plan to promote good residential design. These new policies came into effect on 29 August 2002, and they apply to all applications for residential development lodged on or after that date.

The revised Plan also requires a greater range of development applications to be publicly notified.

Information about the new residential design policies is available on the Council website [www.marion.sa.gov.au](http://www.marion.sa.gov.au) ◀

## Review of residential zones (PAR stage 2)

▶ Meanwhile Council recently released for public comment proposed amendments to residential zones. These significant proposals are outlined in a document called, *Draft Residential Zones Plan Amendment Report (PAR)*, and are summarised in a brochure being sent to householders. The draft PAR proposes three new residential zones:

- The Residential (Character Areas) Zone which protects areas of distinctive local character;
- The Residential (Foothills and Coastal) Zone which provides for lower residential densities in foothills and coastal suburbs; and

- The Residential (General) Zone which provides for a range of low to medium density housing.

For further information contact **Jim Allen** on **8375 6665**. The deadline for sending written comments to Council is 22 November, 2002. A public hearing will be held at the Council Chambers (245 Sturt Road, Sturt) on 4 December, 2002 from 7pm. ◀



(PAR stage 1 & 2)



## Sustainable package deal

The City of Marion has become a signatory to the National Packaging Covenant.

The Covenant is a self-regulatory agreement between industries in the packaging chain and all spheres of government, based on the principle of shared responsibility through product stewardship. The Australian and New Zealand governments, local government and a broad range of industries first signed it in August 1999.

The Covenant's main goal is to minimise the environmental impacts of waste packaging throughout the entire life cycle of the packaged product.

Its other objectives include closing the recycling loop, developing economically viable and sustainable recycling collection systems, and continuing the voluntary process.

Marion Environmental Project Officer **Chantelle Watson** says the Council will work with other signatory councils and local businesses to 'reduce, reuse and recycle'. Their aim is to reduce the amount of waste going to landfill.

"Currently it is estimated that about 70 percent of waste going to Adelaide's landfill sites is potentially recyclable or compostable," she says. ◀



Sorting Marion's recyclables at The Materials Recovery Facility.

## Sea snaps and land shots

▶ Marion Council worker **Ian Jones** photographed these seals at Hallett Cove recently.

The simple candid snap made the Council realise that it did not have many photographs of some of Marion's greatest assets - its marine life. There is a dolphin pod off Marino and whales have been sighted, along with seals and penguins on the beaches.

Then there are the crustaceans and molluscs on the tidal reefs. Underwater we have the fish species and the sponges.

The same applies to our land-based wildlife - the lizards, insects, butterflies and birds.



*City Limits* will be delighted to publish your best pictures. But in doing so, please always respect your subjects' own space.

All photos to Marion Coordinator Marketing and Communications, **Wendy Fowler** on **8375 6804**. ◀

## Energy-efficiency made easy

▶ Do you want a more comfortable home with lower energy bills?

A new information sheet available from Marion Council's Development Services Department shows how to save energy when building or renovating a home.

Called 'Energy, windows and shading', it looks at ways of keeping houses warmer in winter and cooler in summer through adjustments to the size, orientation, shading and glazing of windows.

Marion Policy Planner **Jim Allen** said the information sheet provides advice needed when energy-efficiency was prone to be overlooked or considered "tricky".

For example, people in coastal suburbs often want large westerly windows for a view of the sea. However, this can make the home very hot during summer afternoons.

The information sheet illustrates a number of simple ways to avoid or reduce heat problems without sacrificing views.

It explains how to meet Council policies, and shows how to save money.

People who want to build new homes or additions are encouraged to discuss their designs with a Council planner at an early stage (tel. **8375 6674**).

Advice on other aspects of energy design is available from Energy SA (tel. **8204 1888**). ◀

# Celebrate

International Day of People with a Disability

3 December 2002



To find out how you can join in contact **NICAN** on **1800 806 769** or go to **www.nican.com.au**

## Smart way to the shops

▶ Marion and Mitcham shoppers will be asked to go to the supermarket by sustainable transport means during the TravelSmart to the Shops event in early November.

The event, which also encourages the local community to live and shop locally, will be held at local supermarket stores. Car pooling, walking, cycling and public transport will be promoted.

TravelSmart SA will provide a raffle for customers who fill out a brief survey to identify shoppers' travel patterns and attitudes.

Supermarket stores in Marion and Mitcham will be invited by TravelSmart to take part in a Save a K Business Challenge Day designed to highlight how many small, collective actions can have a big impact.

For example, says Marion's TravelSmart SA Project Officer **Patsy Mendham**, if 100 staff avoid five kilometres of car travel, it would result in a reduction of 114 kilograms of carbon dioxide emissions. ◀

## MMEEP will keep

▶ The Marion and Mitcham Environmental Education Project will continue for at least the next three years.

The project, which began in May 1998, is directed at about 3700 industrial, commercial and retail businesses in Marion and Mitcham.

It helps them by providing seminars, workshops and educational materials, and by conducting environmental site reviews that give feedback on environmental management practices.

In an external evaluation of MMEEP this year, 98 percent of the randomly surveyed businesses agreed that it was "important that continuing environmental education is offered to local businesses in relation to environmental legislation, stormwater codes of practice and environmental best practice."

The City of Marion and the Patawalonga Catchment Water Management Board have endorsed the continuing three-year project plan. It will concentrate on site reviews of between 900 and 1200 remaining target businesses, as well as revisiting others.

Marion Environment Project Officer **Marnie Lynch** says the success of the project can be measured by a substantial reduction in the number of industrial pollution complaints.

"In addition, many more businesses are reporting their own pollution incidents to the Council, and are themselves in the process of rectifying the problem," she said. ◀

# MMEEP



**TRAVELSmartSA**



# Diabetic and DETERMINED

Each week a young South Australian is diagnosed with juvenile, or Type 1 diabetes. In the Marion community, LANCE CAMPBELL meets children whose days are bound by a routine that keeps them alive, and marvels at their quiet resolve to pursue normal lives.

Photography: RANDY LARCOMBE

A few common, everyday questions:  
How would you like to prick your own finger six times a day, and see your own blood?  
How would you like to inject yourself three or four times a day, in the stomach?

How would you like to eat at the same time each day and every day, no exceptions?

How would you like to have to plan your holidays down to the last minute, preferably near a hospital?

How would you like to have to watch your diet not as though your life depends on it, but **because** your life depends on it?

And all this from as young as around six years of age – for the rest of your life.

Because if you don't do all these things, and more, your later life is likely to be blighted by kidney failure, blindness, nerve damage, heart attack, stroke and amputations. As it is, your lifespan already is threatened by up to 15 years.

If you already do these things you are in the world of juvenile, or Type 1, diabetes. You are one of 100,000, mostly young, Australians whose lives are bound by a routine they can only break at risk to their lives.

If you do not do these things, or are not the parent or carer of anyone who does, then thank your lucky stars. **Angelique Kyriakopoulos**, of Hallett Cove, was diagnosed when she was two. Now eight, she is gaining control but she still has days when she doesn't "feel like doing this" – her finger pricking and her injections.

But she does. Mother **Jenny** admits that she and husband **Alex** didn't take Angelique's diagnosis very well. "I was in shock," she says. "There was no family history. I was in depression for a while. It took time, until I joined a support group and realised we were not the only ones.

"Our job is to be here for Angelique. We have to be well controlled, because this is a longterm problem, a worry."

It is not an easy ride. Juvenile diabetes is one of the most costly, chronic diseases of childhood, and one that cannot be outgrown. Reported cases have doubled in the past five years. The protein hormone insulin keeps diabetics alive, but it does not cure diabetes, nor can it prevent its later effects.

Warning symptoms of Type 1 diabetes include extreme thirst, frequent urination, drowsiness or lethargy, and sudden weight loss or vision changes. It can sometimes be confused with Type 2, or adult diabetes.

**Cressida Bryant**, acting clinical nurse consultant at the Flinders Medical Centre unit, explains the differences: "Type 1 is an auto-immune disorder in which the pancreas doesn't produce insulin. With Type 2 the pancreas still produces insulin, but it doesn't always work. Type 2 tends to occur in older, overweight, inactive men.

"It is a fallacy that Type 2 isn't as severe as Type 1, because older people often have to make difficult adjustments later in life. But they are different. For juvenile diabetes the treatment is injection. Nobody wants to give two-year-olds injections for the rest of their lives.

"Also, the complications can be quite severe and the costs enormous – not just from the diabetes, but from those complications."

Between insulin injections and attention to their food intake, people with Type 1 diabetes must constantly be prepared for hypoglycemic, or low blood sugar, and hyperglycemic, or high blood sugar, reactions. These can be life threatening, and that is why children and parents alike are on red alert.

**Penny Taeuber**, now 14, of Sturt, couldn't remember whether she had double-dosed on insulin one morning. So it was off to hospital for monitoring, all day. Penny's sister **Lucy**, 11, also has juvenile diabetes and father **Kym** says, "One of the hardest things is if the kids have a fit overnight. It means rearranging the working and school days, going to hospital or staying home.

We take no chances."

The southern region of Adelaide is served by the Flinders Medical Centre Diabetes Education Unit and has about 450 young people with juvenile diabetes. The irony of all of the above is that you would not pick one of them on appearance until they pricked their fingers for you, or showed you their glucometers or insulin injections.

Except for the balancing act of their condition, young people with Type 1 diabetes lead outwardly normal lives. **Oscar Houghton**, 12, of Marino, plays eight sports, from rugby to 10-pin bowling, and plays them well.

On the day *City Limits* visited, he had competed in a volleyball carnival, but he had to have extra sugar to bring his levels up again. "Levels," "up" and "down" and "high" and "low" are words you hear a lot when juvenile diabetes is discussed.

Angelique is involved in her Hallett Cove East Primary School's jump rope scheme, along with ballet and tapdancing. "Sometimes we have to slow her down," says Jenny, "because excessive exercise forces her levels down. And despite what people think, sweet things are not the issue.

"High fat foods are the problem. They don't allow the insulin to break down the sugar, and so the level remains high."

Lucy plays tennis and halfway through the game eats a lolly for energy. Having juvenile diabetes does not affect her schoolwork or that of her sister Penny, and having a mother who is a nurse helps. **Meg Taeuber** says her training helped her recognise Penny's symptoms when she was five, but finding Lucy in the same boat three years later when she was six was a surprise.

However, Penny was the greater shock. "I just didn't think any kid of mine would get it," Meg says. "There was no history. Then Lucy had different symptoms, and I didn't even consider it would happen twice in our family. But it was off to hospital again.

"It has taken time, and Penny and Lucy are still children who have to be treated. But in our family they are ordinary kids like any others. They just have a different type of management system."

Nevertheless, says Kym, having Meg around made things a lot easier for him and their daughters. "She is still a big help – the whole management thing is made easier. In other families I've heard about a lot of grief and crying when it first happens.

Not here. Meg knew about injections."

**Jason Schafer**, of Oaklands Park, was not diagnosed until he was 14, less than two years ago, and seven years past the average onset age. "It was as though it came on in a weekend," says father **Garry**. "We were driving back from a fishing trip to Wallaroo, and Jason had to go to the toilet seven times. We thought he had a bladder infection."

Jason was taken to his local doctor. "Then straight to the Women's and Children's Hospital," says his mother **Vicki**. "There was no hanging around." Jason recalls being "a bit scared in the first week, but I'm fine now. I'm getting used to it.

"I do everything myself." He adjusts his own insulin doses, and his parents are grateful that his temperament is well suited to managing his condition.

"Jason is not a rebel," says Vicki, but his having juvenile diabetes has not only changed his own lifestyle. His whole family has had to adjust, including his older sister **Kylie**.

"Our diet is different, and we have to eat at the same times," Garry says. "If we want to go fishing we don't just jump in the car. We have to do a lot more planning with Jason."

And you always have to pack the lollies, adds Vicki.





*Angelique Kyriakopoulos, of Hallett Cove, was diagnosed with juvenile diabetes when she was two years old.*





**Clockwise from above:**

- **Sisters Penny and Lucy are "ordinary kids" with a "different type of system," says mum, Meg Taeuber of Sturt.**
- **Constantly monitoring diet: a rigid schedule, fresh fruits, no fats and lollies - just in case.**
- **The protein hormone insulin keeps diabetics alive, but isn't a cure.**

Oscar Houghton has been told by a doctor that provided he maintains his diabetes management he can be whatever he wants to be - "a bus driver or a pilot and I've always wanted to be a bus driver." But his mother Robyn still worries about the long-term complications for her son.

"The better the control now, the longer the delay later," she says, which leads to the possibility of a cure, and into the tricky area of stem cell research particularly embryonic stem cell.

Australia's Juvenile Diabetes Research Foundation (JDRF) contributed more than \$9million to research last year, and has three broad goals:

- restoring normal blood glucose;
- preventing and reversing diabetes-related complications; and
- preventing diabetes and its recurrence.

In South Australia, the JDRF Development Manager is former Marion Recreation Planner **Dominic Fitzsimons**, who is organising the Walk to Cure Diabetes at Wigley Reserve, Glenelg, on Sunday 20 October. Juvenile diabetes is a condition that connects with public sympathy and so, with an energetic Foundation leading the way, financial support is forthcoming.

The JDRF has provided \$37.4million since 1987, making it the largest supporter of medical research in Australia. This commitment, in turn, leads to high hopes of a cure, and Cressida Bryant says "certainly genetic research is making headway, but we still don't know what the future holds."

One way of hastening a cure could be embryonic stem cell research. The JDRF supports such research. According to its literature, the cells "possess a unique potential for unlimited self-renewal and differentiation into discrete cell and tissue types.

"This distinctive characteristic may prove crucial in therapeutic and preventative treatments, providing, for example, a limitless supply of tissues and cells suitable for transportation. In Type 1 diabetes, stem cells could be stimulated to develop into insulin-producing pancreatic islets to replace those that have been destroyed."

Later this month a stem cell research update will be presented at the Diabetes One research symposium and expo at the Adelaide Convention Centre, which will feature world leaders in the field. The parents of the children in this article, like most of us, are still in the early stages of the stem cell debate, but they support it, if it will mean a cure.

"I'm not saying I don't have ethical problems with lots of issues," says Meg Taeuber, "but seeing what our kids go through, we have to think about stem cell research fairly seriously." To which **Robyn Houghton**, who is on the JDRF lay panel that encourages young researchers, adds, "I'm hoping it goes ahead, and soon."

Naturally, the kids would like to see the day, Penny Taeuber says "life would be a lot cheaper and easier," and Lucy says she wouldn't have to carry her diabetes things around in a bag. Likewise Angelique Kyriakopoulos, and Oscar Houghton would "like never to have to worry about injections."

In the meantime, children, and parents, wait. They go about their daily ritual, with parents involving themselves in support groups and the JDRF and the children going off to their regular check-ups at the Women's and Children's Hospital, year-in, year-out.

Apart from at a very young age when they fear the condition might be contagious, most children are accepting of their friends with juvenile diabetes. However, it still doesn't hurt occasionally to be with people of similar age and with similar concerns.

"For many children with juvenile diabetes, there mightn't be anyone else at school who knows exactly what they are going through," says Cressida Bryant.

The Marion Youth Centre, funded by Flinders Medical Centre and Marion Council through the Inner Southern Community Health Service, has activities four times a year for people between 13 and 18 years of age, with Type 1 diabetes. They go on camps, ice-skating, 10-pin bowling and rock climbing.

Jason Schafer returned from one camp initially underwhelmed.

"But he was more relaxed, he was giving himself needles," Garry says. "He said he was happy with his levels compared with some kids."

Yes, adds Vicki, "Being with kids who had had juvenile diabetes for a long time was a big help to Jason."

So Jason admitted he had enjoyed the camp.

Good on him, because as Robyn Houghton says, "You can't take a holiday from juvenile diabetes."

Not yet, anyway. ◀





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# White wings

**Each spring, butterflies embark on a round trip from the north of South Australia down to our coast and then back home again. No-one really knows how long this ritual of migration has been occurring. Most times only a few reach Adelaide, but 1999 was a phenomenal year. Here butterfly authority ROGER GRUND looks back on one of nature's nicer invasions.**

**A** gale force north wind heralded spring on 3 September 1999. It was not the type of wind that South Australians would expect to herald butterfly 'snow'.

Nor would they have been able to imagine the sights they would see in the months ahead when the butterflies came through Marion. It was a visit that intrigued the experts, delighted the community, and has both hoping for more this spring.

Three days after the northerly blow, the first few Caper White butterflies for the season were noticed in southern areas of the State. Odd individuals continued to be seen throughout September and October.

Then in early November, small local groups of the butterflies were noticed collecting in forest and woodland areas of the lower Southeast. The wind was unusual for November, with the direction mostly from the hot northeast.

That was the case in the final week of the month. On 23 November a very large migratory front of the Caper Whites flew over the Riverland from north to south, heading to the Southeast.

The front amalgamated with the smaller groups, and they all continued south. Flocks began flying out to sea on 26 November. Thousands of butterflies perished and were washed up on the beaches next day. Then the migration turned west and by 29 November they started to reach Murray Bridge.

Late in the afternoon, huge numbers inundated the southern coastal Fleurieu Peninsula, from Goolwa in the east to Victor Harbor and along the west of the peninsula as far north as Marion.

In many places the Caper Whites were coming in off the sea. They spent the night by the hundreds, hanging in the bushes and settling on the ground up to six-deep, like 'snow'. Some even came to nightlights.

On 30 November the migration was in full swing through the entire Fleurieu Peninsula, where the front changed direction to north-northeast. At Victor Harbor they were still coming in off the sea from the southeast, and continuing on to Yankalilla.

Flying in off the sea they were in small flocks or groups, of twenties to hundreds. Others on the east side of the peninsula were flying in clouds north through Goolwa and Currency Creek. Newcomers were arriving at Goolwa from the southeast.

Large numbers were still in the Southeast at Carpenters Rocks and Robe, flying northwest towards Adelaide. The flights extended to Kangaroo Island and the butterflies were reported in large numbers over the entire length of the island.

Some Caper Whites even reached southern Yorke and southern Eyre Peninsulas. Along the west side of the Fleurieu Peninsula they were generally flying north-northeast, following the west side of the Mount Lofty Ranges. Both sexes were flying in the main migration.

In Marion, they were seen in large numbers in the Marino and Hallett Cove Conservation Parks and along the coast, and further north, on main roads and in gardens.

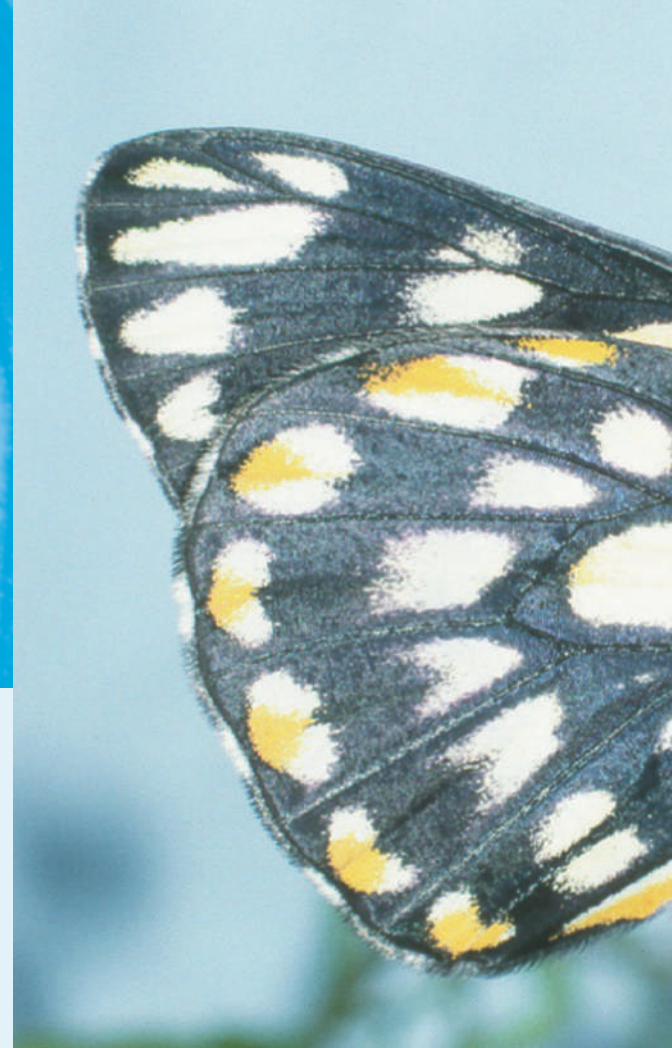
There were many road kills, with magpies and other birds eating the carcasses. Late in the afternoon, estimates of numbers in the migration were made in the open spaces of Waite Arboretum. A line of sight count over a 50-metre distance recorded 650 individuals per hour.

In the late afternoon the butterflies were seen to be flying in off the sea along Adelaide's beaches, then settling in large numbers along the foreshore bushes to overnight. They had all gone by the next day.

December 1 was hot again, with a strong northeast wind. The Caper Whites were now migrating in lesser numbers through Marion, flying into the wind along the hills face. Butterflies were still actively migrating through Goolwa, and large numbers were flying in off St Vincents Gulf.

A check of numbers at the Waite Arboretum in the morning showed 440 individuals an hour crossing over a line of sight distance of 100 m, but by late afternoon only 60 individuals were crossing the distance.

December 2 was a very hot day with a strong north wind. Migration through Marion and Adelaide was mostly over, with just a few butterflies continuing to migrate in a north-northeast direction. Just as many were carried back south by the wind.



*Specimens of the Caper White.*



*Routes taken by the Caper Whites during the 1999 migration.*

By 3 December the Caper White migration was essentially all over in Adelaide with just the odd butterfly seen. Where the migration went after Adelaide is not known, but it did not pass through the Riverland or Clare. It is assumed the butterflies flew along the east side of the ranges, and headed back northeast.

If they originated from inland NSW it would have been a round trip of 1300 km through Adelaide, but if the origin was Queensland it would have been 3000 km. ◀

• **This diary of the Caper White migration was built up by Roger Grund from public sightings, and the few records of the event.**





The Caper White butterfly (above).



The 1999 migration flanked Marion's coast (above).

# The mystery of migration

In the past, butterflies migrated in huge numbers, with the Painted Ladies so numerous that they darkened the sky in Victoria.

Today these migrations occur almost unnoticed, because the loss of breeding habitat has reduced their numbers.

Although Caper Whites usually fly south, they can disperse in any direction. Migrations have been reported in Sydney and Brisbane, and occasionally the butterflies even reach Tasmania.

Yet we do not know why they travel so far south, or where their caterpillar food plants exist. Just as we do not know many other things: from exactly where do they originate? How long do the migrations take? How fast can individuals fly? How far can they travel in a day? How do they navigate? How do they synchronise their flight? Is the migration a single mass? Or does the group build up gradually along the way? And so on.

We can be fairly certain, however, that migrant butterflies will be seen in Marion throughout spring. Initially there will be Painted Ladies, Meadow Argus, Admirals, Lesser Wanderers, and the large Chequered Swallowtails, and later the small Grass Yellows and the Caper Whites.

As there is no caterpillar food plant present on which the female butterflies can lay eggs, the latter two will pass through Marion. (Marion Council is actively promoting local native revegetation throughout the City to attract native wildlife.) However, some of the previous butterflies will remain to lay eggs to produce new butterflies in parks and home gardens. Late in autumn most of the new butterflies will return to the northern breeding grounds.

The large brown Wanderer or Monarch butterfly, now established in Marion, is a notable migrant in North America. Very large numbers migrate annually between Canada, and California and Mexico - in particular - where huge over winter clusters can occur.

Similar overwintering clusters once occurred in the Adelaide Hills, but the removal of the Wanderer caterpillar's milkweed food plants has significantly reduced numbers. Large migrations of this butterfly do not occur in Australia. However, as we do not have any suitable native food plants for its caterpillars, the butterfly is not endemic to Australia.

It migrated here from North America by island hopping across the Pacific Ocean.

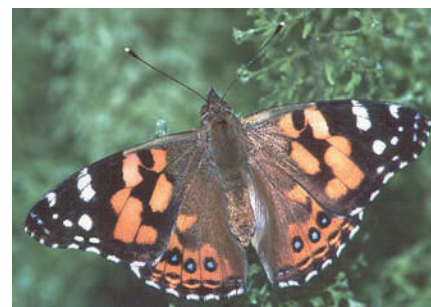
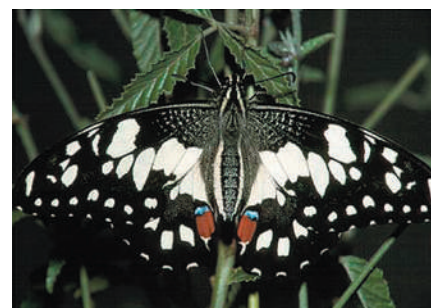
The Caper White caterpillar's natural food plants such as the Tree Caper occur in the hot northern inland areas, but a couple of specimens are maintained in the Botanic Gardens and Waite Arboretum in Adelaide.

During big migrations, the females deposit thousands of eggs on these trees as they pass through, producing caterpillars that often damage the foliage. Because of predation, very few of these caterpillars will actually produce new butterflies.

Other whites, along with yellows and brush-foot butterflies, are also known to migrate in South Australia, and they usually do so in spring, so keep your eye out for these butterflies in the next few months!

• **Roger Grund is chairman of the Butterfly Conservation Society of SA. He has surveyed Marion's remnant coastal bushland for butterfly habitats. [www.chariot.net.au/~rgrund](http://www.chariot.net.au/~rgrund), and Butterfly Conservation South Australia ([www.chariot.au/~rgrund/bcsa.htm](http://www.chariot.au/~rgrund/bcsa.htm)) Phone the Society's Treasurer David Keane on 8389 2352. Membership is welcome.**

• **Incidentally, if you happened to photograph the 'snowfall' of 1999, the Council would love to hear from you on 8375 6804.** ◀



The delicate, white eggs of the Caper White butterfly (shown magnified, top left). Watch for these migrant butterflies passing through Marion: (top to bottom) Chequered swallowtail, Meadow Argus, Painted lady, Small yellow grass.





# All ey

**A local soccer coach is part of a**

By **PAUL KLARIC**. Photography: **RANDY LARCOMBE**

One night a week at the Marion Sport and Community Recreation Centre, small steps are being taken to build normal Australian lives. Of about 40 boys and young men aged eight to 24, most are refugees and all are Muslims. They would like to have a soccer team - but all they have, at this stage, are weekly clinics.

They have sought refuge in Australia at a time when, according to a recent Federal Government-funded survey, there is "an expanding Islamaphobia, no doubt linked to recent geopolitical events, media representation of Muslims and an accumulating heritage of Western antipathy to Islam".

The report found that 52.8 per cent of people would have concerns if a close relative married a Muslim compared to 8.9 per cent for a Christian. More than 83 per cent felt that "there is racial prejudice in Australia", while more than 10 per cent themselves admitted to being "prejudiced against other cultures".

Like many migrant groups from the post-World War II period, Moroccan-born **Mustapha Ztati**, 39, recognised that soccer can help individuals and groups feel like they belong.

"That's why I started this program without help from anyone whatsoever," he says as the players go through their drills. Mustapha qualified as a coach and now uses his coaching licenses together with his psychology and sociology studies to "give me the ground to help these kids by giving them new tools to feel citizens of this country rather than outsiders."

**John Mundy**, the SA Soccer Federation's Coaching and Development Manager, has run similar sessions with other refugees and says "without a doubt" they help. "Some of these boys come from a background where soccer is very established, but to tell you the truth, at the start of the sessions I ran, the discipline just wasn't there.

"A lot of the boys were just fooling around. Once we got them organised and they saw that we had something to offer they turned around completely."

Having structured sessions is vital, according to John, and he believes that Mustapha's two coaching licenses - Junior (under 6-14) and Youth (under 14 -17) - give players more than just a social kick-about.

The federation is also involving refugees in curtain raisers and training with the Australian team to encourage them to join local clubs, reflecting a trend involving the code elsewhere.

The WA soccer team Perth Glory and the WA Amateur Social Soccer Association organised soccer training sessions for refugees, with Glory also hosting a BBQ/fun match. Last year the ACT Government gave Austcare more than \$6000 to organise soccer matches for refugees.

# es on the ball

## growing trend to help refugees find their feet in Australia.

In Brisbane a refugee formed his own team after being refused membership at a local soccer club because of his Temporary Protection Visa status. His Tiger XI now has a squad of 35, welcomes non-refugees and at Easter played country teams in Southern Queensland and Northern NSW.

Even in Kentucky, USA, a support group is urging all soccer clubs to invite refugees to join.

None of this surprises Dr **Susanne Schech**, Lecturer in Geography and Director of Centre for Development Studies at Flinders University. From her experience, refugees come to Australia through traumatic circumstances and find it difficult to feel welcome - even when welcomed. She says refugee children often also have less time to play because some parents rely on them to handle correspondence and bills on top of other household chores.

"It is quite a difficult way to grow up if you are from a different ethnic or cultural background," she says.

"Even something like playing soccer can give them inroads into other cultural groups that are not just for Muslims. It gives a sense of worth and self confidence, especially for young people who go through identity issues - there's a multitude of ways that this can help and it's also fun."

Tonight, the players take Mustapha's sessions seriously. They greet all the adults present on arrival, perform their tasks diligently, run in obediently on the whistle, listen intently and then resume. They shout encouragement and smile a lot while zigzagging around the witches' hats, representing their identity through action.

Their experiences seem to support everything the experts say. **Ibrahim Faraz**, 24, is a biomedical graduate who came from war-torn Eritrea, Eastern Africa, eight years ago. "We are getting something really professional so everybody's really happy," he says.

Also from Eritrea, **Yassin Yassin**, 22, came here two years ago and says it's "good to get back into a group. Just the whole idea about getting together with really friendly people, it's just amazing, absolutely amazing."

Mustapha's son, **Khalil**, 12, is among the Australian-born kids at the clinics. For him it's not so much about fitting into Australia as getting in touch with his cultural past. He says the clinics teach manners and how to be a good Muslim, on and off the field. "They learn how to control the ball and pass and not be hogs and not just want to score the goal," he says. "They work as a team."

**Hussein Mahmud**, 10, who came from Eritrea, Eastern Africa, two and a half years ago, says he's been teased about being Muslim. "Some of them are unkind," he says. "Like they blame you for things you haven't done. Maybe some other Muslims have done something and they blame you for it." But Hussein likes the clinics because he feels safe and can run around with the big boys who are nice to him - and because he also dreams of being a soccer hero. "Maybe I can be in a championship one day. Maybe I can be a professional player."

While Mustapha says his clinics are "for the body, mind and the soul", he's also the first to admit that they also give the boys permission and the opportunity to set high personal goals.

"That's part of it with all the kids - that's why they are joining the clinics - because their aim is to be a star," he says. "Hopefully it will give them the confidence to play in Premier League clubs in the future. I'm working so hard to give players the confidence to try out for local teams and help them achieve their goal. But the most important thing is the manners and the attitude."

In his native Morocco, Mustapha was a journalist and after his arrival in Australia in 1987 did freelance reports for overseas television stations. In 1993 he worked for several months at the ABC in Adelaide on a Commonwealth work placement program. It included covering the World Youth Cup with ABC Radio 891 (5AN) Program Director **Graeme Bennett**, who describes Mustapha as "very capable and incredibly passionate about everything he does".



Soccer coach Mustapha Zitati... "very capable and incredibly passionate about everything he does."





Above: "Local clubs are set to benefit," says Marion Recreation Development Officer Craig Cooper.

Eventually Mustapha decided not to pursue journalism and now aims to work as an advocate for disabled people.

When the clinics started in July there were 10 players, but within a month it had grown to 40. Most are local - others travel from as far away as Woodville and Richmond. Numbers are also expected to rise when refugees on Temporary Protection Visas settle here permanently.

But as the program's popularity increases, so do the responsibilities - and Mustapha is discovering that it takes more than goodwill to operate the clinics. Currently completing a Senior First Aid Certificate, his next priority is to buy a first-aid kit. But even bigger bills await that could end the sessions completely.

"Unfortunately we lack the finance to keep this program running," he says. "I need mostly the ground where I can do the clinics. Secondly there is the problem of public liability insurance. As a coach I also need personal indemnity insurance. I have no budget to run this clinic for almost a year."

Australian Refugee Association director **Kevin Liston** says he's "extremely impressed" with the clinics and agrees, "resources in this area are very poor. There isn't really enough and there needs to be a lot more. The Government provides them with the basic services but not nearly enough for integration."

Mustapha is applying for funding with the State Office of Recreation and Sport and other grants to help with equipment and insurance and is also looking for another ground to hold separate sessions for the younger children, all with the help of City Of Marion's Recreation Development Officer, **Craig Cooper**.

Craig says local clubs are set to benefit. "It's important that Mustapha wants the kids, once they have the confidence, to join the respective soccer clubs in the area," he says.

"I went down to see for myself and believe me, there are some top prospects among them".

A coach from the Marion/Sturt club agrees as he flicks the switch to the floodlights. "I wouldn't mind a few of them in my squad."

As tonight's brisk two-hour session ends, Mustapha is confident that somehow he will get the funds to continue - but if he fails, he hopes that nobody will blame him for having a go. ◀

Left: The soccer clinics give the boys "permission and opportunity to set high personal goals."



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*Dr Teapot (Marion resident Dianne Walters) and Dr Whoops (Jenny Thompson-Richards at rear) with a Daw House Hospice patient.*



# Send in the clown doctors

**A sense of the ridiculous is not something you would expect to find in a hospice. But LANCE CAMPBELL discovers exactly that and more when he joins our merry medicos on their rounds.**

Photography: **MICHAEL MULLEN**

**S**hirley and **Bruce Carroll** have been in Daw House Hospice for a month, according to Bruce. That in itself says something important, because only one of them is sick. The other goes home nights, but they are going through this hard time together.

So Drs TeaPot, Whoops and Heebie-Jeebie treat them both the same. They sing You Are My Sunshine, they apply a little massage, and they have a laugh or two about hanging around in hospitals. Nothing raucous, more shared.

The hospice staff are visibly cheered by the antics of three clowns in a working environment that is more difficult than most. Bruce and Shirley take a little longer. Eventually Bruce says, "It's the third time they've come to us, and they bring us cheer."

Shirley adds, "If you can put a smile on someone's face in a hospice, then what you are doing is worthwhile."

With that the good doctors move on to **Roy McCarthur**, 77. Roy cannot sense the presence of three performers by his bedside, but for Roy's family the surprise visit couldn't be more welcome.

"We've been waiting for four weeks," says daughter-in-law Sandy. "It has been a long and arduous period for us. We thought the end would be two nights ago. We can't do anything now. We didn't realise we needed a laugh. This is the first time all of us have laughed in a long while."

"Ah-hah," pipes up Dr Heebie-Jeebie, "laughter is the music of the soul."

Roy died early the next morning. The clown doctors could not help him any more than the real doctors could by then, yet they helped put his loved ones in a better frame of mind for his leaving.

The better frame of mind is what the clown doctors are all about. They say they are not stand-up comedians, but performers whose job it is to respond to each situation with sensitivity, empathy and humour.

Australia has 32 clown doctors, each chosen and trained by the Humour Foundation, started in 1997 by a GP, Dr **Peter Spitzer**, and performer **Jean-Paul Bell**. The Foundation is a charity that promotes the health benefits of humour. Patrons are **Hazel Hawke** and the actor **Jack Thompson**.



South Australia has five clown doctors. They spend all day Mondays with the sick kids and their parents in the Women's and Children's Hospital, and three give their Friday afternoons to the dying at the Daw House Hospice.

Clown doctors are an international movement. Their Smile Around the World project has visited East Timor, and earlier this year 21 of them performed in hospitals, schools and orphanages in Afghanistan. Among their number was **Patch Adams**, who was played by **Robin Williams** in the film of the same name. "It is a clown's job to walk towards suffering," Adams said while he was there, and all the clowns did.

But only in Australia do clown doctors visit hospices, making them world leaders in their branch of the complex and challenging field of palliative care. And Daw House was the first in Australia.

There, **Dianne Bodein Walters** of Dover Gardens, involved in clowning, improvisational and community theatre for 25 years, is Dr TeaPot.

**Jenny Thompson-Richards**, a health care professional, is Dr Whoops.

Professional entertainer and diversional therapist **David Cronin** is Dr Heebie-Jeebie.

It was Dianne who stepped aside from her character to observe that her past 25 years has been spent "endeavouring to bring together the performing arts and humour, and the healing aspect of the performing arts."

So since she passed the Humour Foundation audition in May last year, Dianne has had "no doubts. The clown doctor's glove fits perfectly, and so I wear it happily."

The Humour Foundation bases its philosophy on international research that supports claims that humour brings physiological and psychological benefits to patients. It is said to help relieve fear and stress and assist recovery.

An early sceptic was Daw House Foundation liaison officer **Jane Morrison**, a trained nurse. Then she started following the clown doctors around. "We had a lovely woman with throat cancer who played the piano and sang," Jane says.

"Her niece, her only living relative, was stand-offish with us, quite uptight. Then one day Dr TeaPot offered her whatever tea she wanted. The niece burst into tears. Here was an anonymous face asking, 'How are you? What can I give you?'"

"It broke the ice, reduced the niece's stress. If the clown doctors can make something like that happen even once every six weeks, I'm a believer. They are truly professional, and they bring warmth and humour to a place where we try to have as much fun as we can. It's not all doom and gloom here by any means."



Dianne sees the health benefits of humour first-hand, of course, but proximity and exposure does not make the clown doctors immune to their audience's plight.

"We are touched by people's suffering," says Dianne. "Ours is very compassionate work and there is no predicting what will happen."

"We have profound moments, hilarious moments, very sad tearful moments, cheerful moments, tender moments. Tears and laughter are both the language of the heart. We try to connect with people as they are. If they are sad they can cry and we cry with them, but the main thing is we have made the connection and interacted."

Working at the Women's and Children's involves slightly different clowning skills, says Dianne. "The children usually are more capable of response, so we can be more boisterous in return. The same empathy and sensitivity is required, but not necessarily the same degree of gentleness as in a hospice."

"The reality in Daw House is that the patients are often tired and frail, and their responses can be limited. So we are there also to support families and staff who do such a wonderful job month in and month out."

"Touch is important, music is important. Eye contact, listening and loving are all important. It's a privilege to work in places like this," and Dianne adds that the Humour Foundation, as a charity, could do much more if it had more funds. "The Women's and Children's Hospital could definitely do with another day or two of us each week."

Being a clown doctor is not a one-way street. Says Dianne, "We are not trying to make people laugh so much as trying to draw forth their own humour."

After the clown doctors visited 76-year-old **Bill King** in his hospice bed, I asked him for his opinion.

"They're good fun, Padre," Bill replied. "They add informality to the routine around here."

I explained to Bill that I was not the padre.

"You're not?" he said. "Well you look to me like you would make a very good padre."

Judging by that exchange, when Bill's trials ceased a few weeks later, he departed with his sense of humour intact.

And the clown doctors did their bit to make sure it stayed that way. ◀

• **The Clown Doctors and the Humour Foundation are on 1300 666 890** (cost of a local call).

• The work of the Daws Road Hospice requires sponsors. If you can help, phone the Hospice Liason Officer **Jane Morrison** on **8275 1142**.



*Dr Teapot, Dr Whoops and Dr Heebie-Jeebie with Daw House Hospice patients. "Ours is very compassionate work and there is no predicting what will happen," says Dianne.*



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# Breaki

**A ground breaking study finds that racism is still on the drinks list at many of Adelaide's entertainment venues.**

By **Nigel Hopkins**. Photography: **Catherine Gasmier**.

**R**econciliation doesn't yet seem to have taken too strong a hold in Adelaide's pubs and clubs, according to groundbreaking research from a senior academic at Flinders University.

The research project, led by the Professor of Nursing at Flinders University, Dr **Charlotte de Crespigny**, uncovered what she describes as "shocking" evidence of racism towards indigenous patrons at city venues, in particular young Aboriginal women who were the subject of the study.

The study, a joint project of Flinders University School of Nursing & Midwifery and the Drug and Alcohol Council (SA), was aimed at revealing new information about the drinking patterns, decisions and experiences of young, urban Aboriginal women.

It found that Aboriginal women often experience racism and injustice when visiting pubs and clubs. Being accused of stealing, expulsion from venues, racist comments, conflicts with bar and security staff and non-Aboriginal patrons, and lack of safety were some of the major issues experienced.

"I'd already observed how many young women felt harassed and unsafe in licensed premises," Dr de Crespigny says, "and I'd also done a lot of work with Aboriginal people. I knew that the experiences of Aboriginal women hadn't been researched and decided to redo the whole study from their perspective."

The report found that in addition to the more obvious sexism, indigenous young women also experienced blatant racism.

The seven women involved in the study were aged from 22 to 40 and included an apprentice chef, language teacher and a community support worker.

Their interviews reveal an underlying racism in the way they are treated when, like many other young women, they go out simply to socialise and have a good time.

Dr de Crespigny describes herself as a researcher and educator, interested in how to change public infrastructure to alleviate social problems, and also as an ethnographer – a role in which she looks at the overall structure of our community and the context in which problems, such as binge drinking, take place.

"Young women are the most 'at risk' group of binge drinkers," she says. This study, the first in Australia to focus on the experiences of young, urban Aboriginal women, reflects her broader interest in health issues, especially relating to our use of alcohol and drugs.

Although the women were all from the southern suburbs of Adelaide, the pubs involved were metropolitan pubs in general, but included some southern venues.

Most of the women in the study, however, said they were generally happy with the services provided by licensed premises in the southern suburbs – one even commented "they're pretty good down there" – but they still experienced the sense of vulnerability of possibly being the only Aboriginal woman in the place, and thus an easy target for racist behaviour.

Even though Marion's Aboriginal and Torres Strait Islander community is relatively small, estimated to be around 500 people, and the research group was much smaller still, Dr de Crespigny's study is considered to be indicative of attitudes to young female Aboriginal drinkers on a much wider scale.

# ng down the barriers

"Yes, it's a small sample, but it's happening all over Australia," says **Wendy Casey**, an Aboriginal woman from Marion who was one of the authors of the report. "It happened to me lots like this when I was young.

"It (the report) is a wonderful document, just 20 years too late. It's about time that Aboriginal women were able to express their feelings about how they're treated," she said.

"I hope it will give people who run licensed premises a better idea of what it's like for us, and not to stereotype us. A lot of it's just ignorance, and racism, and it's got to stop."

The report has brought a strong response from Marion Mayor **Felicity-ann Lewis**.

"Basically, what's been happening is unlawful, but it's always the most powerless in the community who are treated like this, people who don't have political influence and are too easily overlooked," she said.

"This report is a reminder call to Council that it must do even more, and encourage the media to assist, in presenting Aboriginal people in a more positive way."

The project took two years to complete because Dr de Crespigny had to work hard to gain the confidence of the young Aboriginal women on what was, obviously, a highly sensitive issue. The women recorded their experiences in a series of taped interviews and the result is a report called *Breaking Down the Barriers* - "that was the title that they wanted," Dr de Crespigny adds.

It looked at their beverage and venue preferences, individual alcohol consumption, the role of girlfriends, safety issues, transport issues and their accessibility to various pubs and clubs and the issues that arose as a result.

"There's not many choices (of places to go) because there are only certain places that publicans will allow Aboriginal people to attend," the women reported. "Their excuse is they are always having a private function... and we have sat there and watched non-Aboriginal people allowed in while we stand there."

According to the study, Aboriginal people are already branded as troublemakers when they enter a licensed venue, and they feel very uncomfortable even sitting down and having a drink.

"If you are the only Aboriginal person sitting in the pub they are just watching you and waiting for you to stuff up because you are drinking alcohol," one woman said.

Visiting licensed premises in the company of Aboriginal men only made things worse. The men would be "picked on" by venue staff: "...their clothing, anything. And they could be wearing the same as the white person. But they're refused entry. They'll just pick out something, like their top, their shoes or their pants."

None of the women felt safe going out alone at night, so they'd tend to use city pubs where they felt safer with their Aboriginal peers: "We always know that it doesn't matter who we are, if you're black you're always going to be picked by a non-Aboriginal person eventually in the end of the night."



Authors of the report, "Breaking down the barriers."

At least if they were with a group of friends there would be witnesses if something happened.

There was also a general feeling that if anything did happen, they would not get the same level of help that a non-Aboriginal woman would receive: "If you were getting robbed or raped or anything like that, they would maybe turn a blind eye to that because they just assume that it's got nothing to do with them... it's an Aboriginal thing."

The feeling of lack of safety very much included getting to and from licensed venues at night - something that non-Aboriginal women also experienced, whether it involved public transport or using taxis. If they were forced to walk alone at night, especially from often poorly-lit southern venues, many would arm themselves with improvised weapons such as a bottle or stick.

Some of the women would catch the train from the south to the city, and if they were expelled from premises would end up sitting on the banks of the River Torrens until the first train home in the morning.

"This placed them at even greater risk of harm," the report says. "Non-Aboriginal women have not reported such experiences."

The report concluded that there were "frequent and ongoing injustices and racism experienced by Aboriginal women when they try to patronise licensed premises.

"Evidence now clearly indicates that Aboriginal women experience poor and culturally unsafe services, stereotypical and racist attitudes, conflicts with non-Aboriginal patrons and security staff, and degrading comments by staff and other patrons while in licensed premises.

"By attending venues with Aboriginal men, the women experience an increase in harassment, unjust exclusion and blame, suggesting that racism is the major reason for such experiences, not simply gender.

"Stereotypical opinions and urban myths about Aboriginal people and alcohol usage affect these women's rights, safety and freedom of choice in regard to their socialising in licensed premises."

The report concludes with a long list of recommendations that point especially to changing attitudes in licensed premises staff - especially security staff, taxi drivers and police. Aboriginal women need more education about their rights and using the law to enforce non-racist behaviour. Better lighting and free or subsidised night buses and trains are strongly recommended.

Police, transport and licensing authorities, all of whom could have a major role to play in breaking down these barriers, have reacted positively to the report.

"It's a valuable piece of research that can't be ignored," says Senior Sergeant **Samantha Doherty** from the SA Police licensing and gaming section. "We consider the issues raised to be relevant and that it's important for the police to address them."

She said it would be referred to SAPOL's equity and diversity, and drug and alcohol sections, while the issue of cultural awareness was already being addressed in police training.

In Marion, the Westfield Environment Precinct Group - comprising representatives of Westfield licensees, police and Marion Council - has looked at the report and is considering its implications for the Westfield entertainment precinct.

Mr **Warren Lewis**, the Deputy Commissioner of the Liquor and Gaming Commission, says: "We have to take it seriously."

The Commission is tackling the issue in three directions.

"Awareness is the first answer," Mr Lewis says. The Commission has published the report's findings in its monthly newsletter that goes to all licensees, police and local councils. A separate article in the same issue addressed the issue of racist discrimination, pointing out to licensees the penalties they faced if found guilty of this.

Training is a second avenue, with the possibility of including training on discriminatory issues in the normal training of licensees.

The Commission's third line of attack is through direct monitoring of premises, in conjunction with the police, in which conditions both inside and outside licensed premises are checked and assessed.

"This includes such things as transport, safety in car parks, lighting and so on," Mr Lewis adds. "It's like an auditing process, through which we can take up specific issues with licensees."

Mayor Felicity-ann Lewis said the City of Marion had already taken positive steps on reconciliation issues, such as the opening of the Kaurna Living Cultural Centre at Warriparinga, and has also helped run Aboriginal health events.

"We'll continue to lobby, and I hope licensed premises generally will be able to get it across as to what's acceptable behaviour and what isn't," Mrs Lewis said.

"It's not about the colour of your skin, but the way you behave. We can't make assumptions just on the basis of how people look.

"This report is a sad indictment of our community values and reminds us that, as far as reconciliation is concerned, we have come only a small way." ◀





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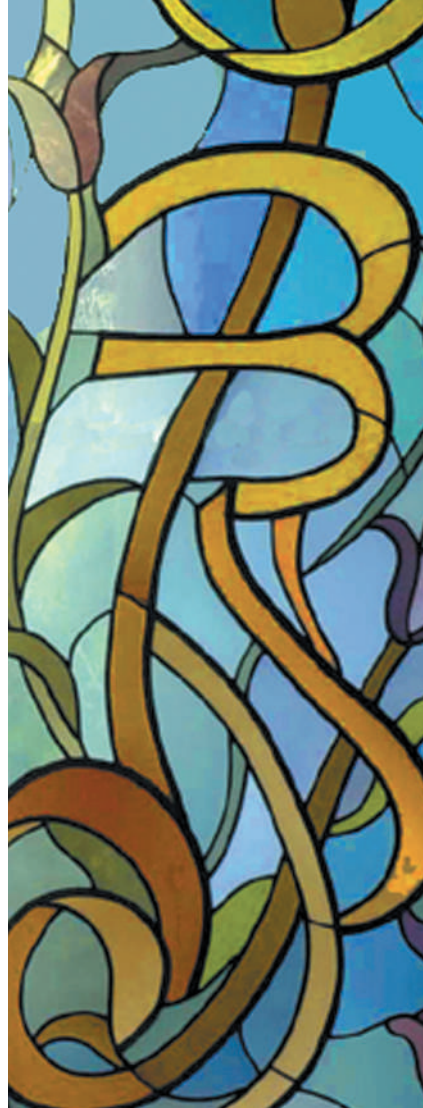
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(L-R) The Promenade Gallery, detail from the Tree of Life windows, musical performances and sculpture at Flinders Medical Centre.



(Images courtesy of FMC.)

# Art healers

**At Flinders Medical Centre treating the sick returns to the first artistic principle of uplifting the human spirit.** By LANCE CAMPBELL.

It could be opera, it could be jazz. It might be the Marion Celebrates mural, or a Kaurna exhibition at the front door.

It could be a sound sculpture, or a set of photographs, or a movie.

Whatever it is, it is art – and those partaking of the art are sick people, nurses and doctors.

And in a hospital.

More specifically, it is Arts in Health at Flinders Medical Centre (FMC), an innovative and comprehensive program that adheres to the principal that art is critical to the well-being of society. In turn, nowhere else is well-being more critical than in a hospital.

As long ago as the 15th century, health professionals knew that design, architecture and artworks were fundamental to a good healing environment. Then all that got lost in a white, aseptic, hospital blur – until now.

FMC CEO **Julia Davison** had seen arts and health programs work successfully in Great Britain, and the hospital began with a series of arts programs in 1997. Then it moved into top gear when **Greg Hordacre** and **Allison Russell** were appointed joint arts coordinators in 2000.

Now Arts in Health is a year-round affair, with Hordacre in charge of performing arts, and Russell the visual.

For Hordacre, his job is an affirmation of his lifelong "absolute conviction" that art is a healing force. "Flinders Medical Centre is a community within the community," he says, "and it has a very important purpose – to provide the very best in health care.

**"About 20,000 people pass through the hospital every week. Now they are also walking through galleries, being exposed to concerts and seeing public artworks."**

"So art comes into this. The programs demonstrate how art can have a positive effect on our day-to-day well being. They bring the human element into the hospital, they get to the humanity and soul of the individual.

"Treatment can be very stressful, a time of depression and anxiety. Through art people are able to shift their feelings to another place that is more affirming of the individual. And it's not just for the patients. It can reduce stress for hospital visitors, and gives staff a break from the routine.

"They can refresh and re-engage."

Between now and the end of the year FMC's Arts in Health will present drawing, floral and photography exhibitions in the Promenade Gallery and performances by State Opera, the Jade Jazz Ensemble, along with cabaret and brass bands.

The new partnership with State Opera is especially pleasing to Hordacre. "The gift of music is uplifting to the spirit," he says. "The singers bring another dimension to the idea of best-possible health care, they learn more about their art, and we promote their performances elsewhere."

In fact, Hordacre says the FMC is playing an increasingly important role in developing new audiences for the arts: "About 20,000 people pass through the hospital every week. Now they are also walking through galleries, being exposed to concerts and seeing public artworks."

Julia Davison believes Arts in Health is proving effective. "Our belief is that the whole environment is important to recovery," she says. "Our goal is to make people better, and what the research is now telling us is that art does contribute to this purpose.



"The broader feeling of the hospital community originally was that the art was more about occupational therapy. But these views have changed. The doctors can see that people are changed by arts experiences.

"I'd love to see the hospital full of art."

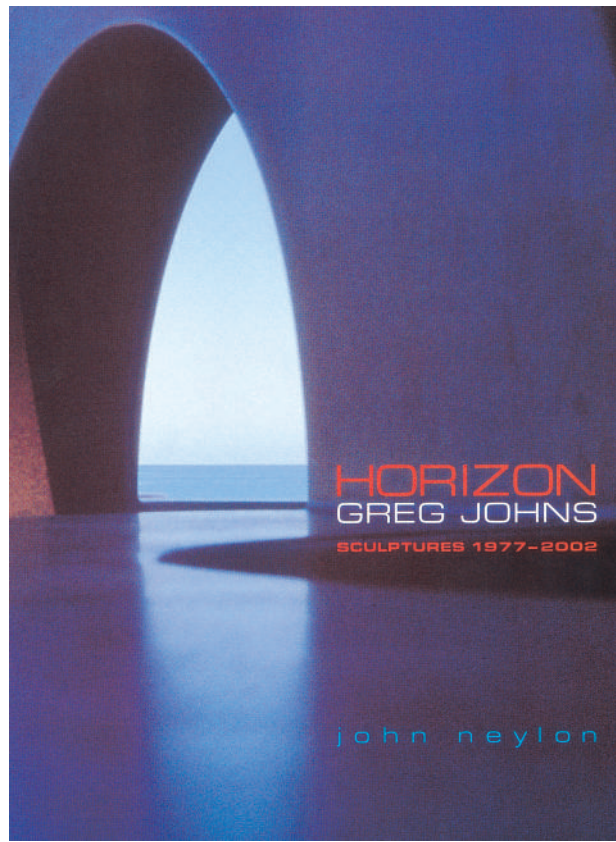
Greg Hordacre says there is plenty of anecdotal evidence from patients, staff and visitors that art is a positive contributor to the healing process at Flinders Medical Centre. But one comment from a doctor who has worked in the UK and the US has stayed with him.

"She said she was glad she had returned to Adelaide, to a hospital that embraces this arts program, because the philosophy enriches the place. She said this was the sort of hospital she wanted to work in.

"I thought that was really important."

**• To support or learn more about Flinders Medical Centre's Arts in Health, phone 8204 3096. ◀**





## Greg Johns's horizons

► Adelaide sculptor **Greg Johns** put the huge 'I' in the word 'Marion' that forms the façade of the City's new Cultural Centre.

Or, more correctly, he created From the Horizon to the Horizon as part of Marion's unique Domain project, now rapidly becoming a part of the daily life of the growing southern region of Adelaide.

Not that Johns's work is confined to one area, or is unfamiliar to South Australians. His sculptures are in collections in Asia, the Middle East, the US and Europe, and recently he exhibited in New York and Bahrain.

Almost every South Australian will know Johns's sculpture Rhythm, if not by name, then by sight. Since 1978 it has been on permanent show on the Glenelg foreshore. You can't miss it.

Not that you can miss any of Johns's sculptures – most of them are large in scale, made of steel and created for public spaces.

Now noted Adelaide writer and art critic **John Neylon** has brought them together in *Horizon*, a richly illustrated book about Johns's life and work. Among the issues examined in detail in the book are public art and community reaction to it.

While Greg Johns's art is global, as local luck would have it, Rhythm is on the cover of the book and From the Horizon to the Horizon on the opening page.

**Book:** *Horizon, Greg Johns' Sculptures 1977-2002*, by John Neylon. Macmillan.

**Available:** Dymocks Booksellers

**Cost:** \$77.00 ◀

books

## Theatrical energy-saving

► Marion is one of nine local councils backing SWAP for Life, a lively and entertaining theatre performance that promotes energy and water-saving measures in the home.

The production, by Our Planet Enterprises, takes an upbeat and humorous look at the way households use energy, how they can become more efficient, and how we can all save money.

Save Water and Power, or SWAP for Life, encourages households to:

- Reduce energy use and greenhouse gas emissions;
- Conserve water and help save the Murray;
- Save money by reducing energy and water costs.

The audience will have the opportunity to put into practice what they learn from the performance.

Energy and water-saving kits will be available at heavily discounted prices on the night.

The show is a joint initiative between the nine councils, the Water Conservation Partnership Project and Cool Communities, sponsored by the Conservation Council of SA with funding by the Australian Greenhouse Office.

Our Planet Enterprises is an accomplished Victorian troupe that has developed live educational productions for a variety of audiences.

SWAP for Life is free, family friendly, and children are welcome.

**Place:** Marion Cultural Centre

**Date:** Monday 11 November

**Time:** 7.00 pm

**Cost:** Free

**Tel:** 8375 6717 ◀

## Square Eyes, square meal

► Square Eyes Cafe, Marion's bi-monthly showcase of video, film and live performance by new and emerging local artists, is on again in November.

The large digital matrix community access Square Eyes screen is alongside Signatures Café in the foyer of the Cultural Centre, so performers and audience alike can eat and drink while taking in the show in a relaxed atmosphere.

Square Eyes Café is an extension of Marion's Square Eyes public art and community multi-media project. One of its aims is to play a key role in developing the community's sense of ownership of the Cultural Centre.



Robert Wauchope from the Square Eyes Programming Group.

**Place:** Marion Cultural Centre

**Date:** 25 October

**Time:** 7.00 pm

**Tel:** 8375 6891 ◀

multi media

theatre



LITTI' PET (Georgia VanCuylenberg), Stinkin' Hot Sun (Nick Walter) and Cloudia Raindrop (Irene Guzowski).



## Community art exhibition

8 December 2002 - 19 January 2003

Marion residents are invited to contribute their artworks to a community art exhibition at Gallery M in the Marion Cultural Centre at Christmas.

It doesn't matter if you're a professional or hobby artist - all artwork will be represented, including painting, drawing, and sculpture.

If you are interested, please contact Gallery M for an entry form.

Phone **8377 2904** or email: gallerym@adam.com.au

Gallery M



## Marion musicians on the main stage



(L-R) Marion's Elder School of Music students Nathan Wright, Jessica Hawkes, Adam Goodburn and Louise Beaston.

music

► Music lovers can see and hear four young Marion musicians perform in the Elder School of Music Evening Concert Series over the next two months.

Double bass player **Nathan Wright** of Warradale, saxophonist **Jessica Hawkes**, and violinist **Louise Beaston**, both of Hallett Cove, are members of the Elder Conservatorium Symphony Orchestra.

They will perform with the orchestra at Elder Hall in October, under the baton of **Keith Crellin**. The program will include Nielsen's Flute Concerto and Shostakovich's Symphony No 1.

Jessica also will play in the Jazz Connection program of vocal and instrumental jazz by staff and student ensembles at the Scott Theatre in October.

**Adam Goodburn** of Sheidow Park sang a principal role in the School of Music's recent production of Monteverdi's opera Orfeo.

Adam will join his three fellow students in the School's Choral-Orchestral Finale at Elder Hall the following month.

Conductors will be **Keith Crellin** and **Carl Crossin**. The program will feature Mendelssohn's Symphony No. 5 (The Reformation) and Mozart's Requiem.

**Helen Simpson**, of Hallett Cove, coordinates the Elder School Evening Concert Series. Helen did the same for Orpheo, the School's first major production since it was formed out of the former Elder Conservatorium of Music and the Flinders Street School of Music.

**Place:** • Elder Hall (5 October, 30 November);  
• Scott Theatre (17 October).  
**Time:** 8.00 pm  
**Tel:** Helen Simpson on 402 120 478 ◀



## What a Bummer!

► He's stupid, he's crazy, he's annoying, his bum is psycho and he's just disgusting. And kids all over Australia just love him. And that includes Marion kids, shown here in droves when best-selling children's author, **Andy Griffiths** launched his latest book *Just Disgusting* at Marion Cultural Centre last month.

The launch, hosted by SAFM personality **Amanda Blair**, was a sell-out success, with hundreds of kids cramming into the Domain theatre to enjoy Andy's zany humour.

Andy Griffiths is an international success story with his *Just* series of books selling widely throughout the United States and United Kingdom.

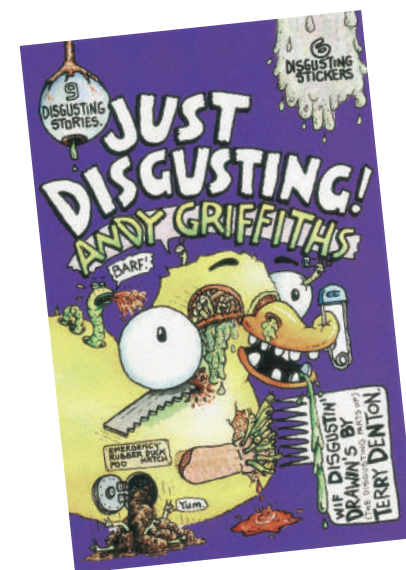
The *Just* titles, with their mad mix of stories, poems, and crazy adventures, remain best sellers in Australia while Andy's first 'serious' novel, *The Day My Bum Went Psycho* was the only local children's book to mount a challenge to *Harry Potter* on the 2001 bestseller list.

With the illustrations of **Terry Denton** featuring on most pages, Andy Griffiths's *Just* series targets children aged nine to 14 years, but will appeal to readers of all ages.

**Book:** *Just Disgusting* and other books in the *Just* series by Andy Griffiths. Pan McMillan.

**Available:** Dymocks Marion and leading department stores

**Cost:** \$12.95 ◀



books

## Clockstoppers



► **Jesse Bradford, Miko Hughes, Michael Biehn, French Stewart, Julia Sweeney, Paula Garcés, Robin Thomas.**

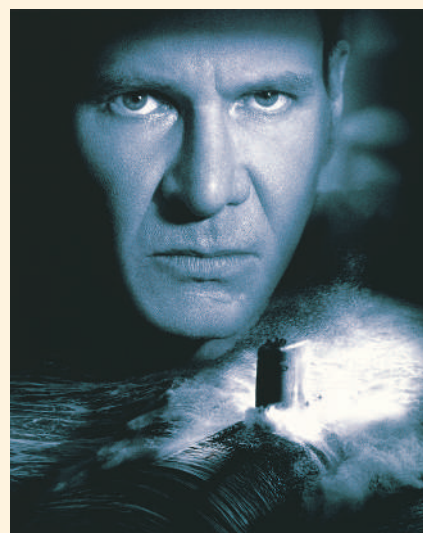
A scientist invents a mechanism that speeds up any target it hits to 25 times its normal speed, effectively making it seem that time is standing still.

The race is on to find a way to reverse the effects when the scientist's son and a friend are zapped.

**Place:** Greater Union Megaplex Marion  
**Date:** Current  
**Rating:** PG ◀

films

## The Widowmaker



► **Harrison Ford, Ingvar Eggert Sigurosson, Liam Nesson.**

The true story of Russia's first nuclear ballistic submarine, which suffered a malfunction in its nuclear reactor on its maiden voyage in the North Atlantic in 1961.

The submarine's crew, led by the unyielding Captain Zateyev, races against time to prevent a Chernobyl-like nuclear explosion which has the potential to ignite war between the superpowers.

**Place:** Greater Union Megaplex Marion  
**Date:** From 10 October  
**Rating:** M ◀





# Shades *of the south*

**ANDREW PIPER** visits a seaside Marion home that's awash in Mexican hues. Photography: **TREVOR FOX**

**P**oinciana red with black trim are not typical colours for a Marion beachfront home.

But after a trip to Mexico several years ago, Hallett Cove couple **Simon** and **Laura Doughty**, felt inspired to splash their new Cove Point home in the relative colours of the Central American culture.

"A patchwork of oranges, greens, pinks, blues and reds gave a sense of freedom and excitement to the villages we came across," say Laura.

"It left a strong impression and made us think 'why not' when it came to making choices for our own home."

Simon admits, however that, their bold red colour choice attracted a mixed reception when building began over two years ago.

"It's a colour that people either love or hate, so we got a wide range of comments from people uncertain about how it might look," he says.

"It was especially amusing when the painting contractors kept double-checking about our colour selections."

The Doughty's have continued their Mexican colour adventure inside with feature walls in red, mustard and 'boathouse blue'.

The addition of sail shading over the balcony and canvas beach blinds as interior window dressing throughout has continued the marine feel of the home and complements its spectacular coastal views.



To take advantage of the outlook, the couple, with enthusiastic approval from sons **Troy** (17) and **Tyson** (15), altered a conventional two-storey floor plan to focus living areas to the front of the home and open the access to the balcony.

The backyard has also gained a marine makeover with extensive decking, terraced rock pools, 6-metre palms and a thatched spa room.

However the Doughty's admit that building was not a priority when they first went looking for a new home.

"With family and my work close by we were looking to buy an established home," says Laura.

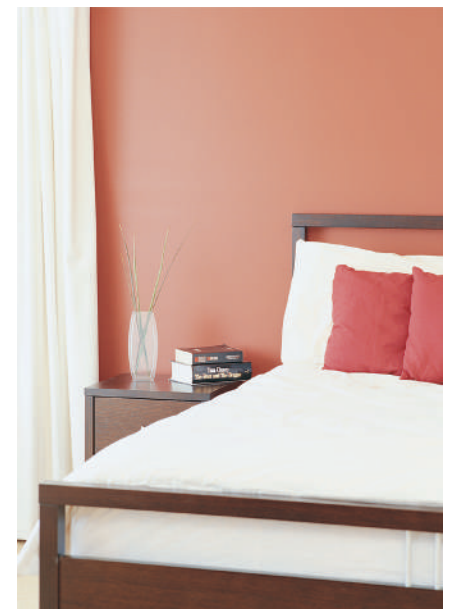


"Losing our way and stopping to admire the view and seeing the 'for sale' sign on this block was something of a godsend and was enough to convince us to make it our home," says Laura.

The many nights the couple spent poring over home design magazines and researching products has paid off and made the building experience smoother than they anticipated.

"We learnt the secret was keeping communications as open and frequent as possible and never assuming what you might think to be obvious," says Simon.

"Small details like 'which side do the doors hinge?' are worth sorting out to avoid angst later."



But with most challenges of homebuilding behind them and with a minimalist and simple approach to outfitting their home, the Doughty's are now making time to enjoy their surroundings.

"As an outdoors family our home offers lots of possibilities," says Laura.

"There's easy access to the beach, and walking trails along the Field River and into the Conservation Park," she says.

"The boys have Hallett Cove School nearby, and there's always the dolphins or a visiting seal out in the bay."

"We are lucky to live in a spot where most people would go to spend a holiday. It's certainly a place we always look forward to coming home to," says Laura. ◀



# Health promotion, early intervention

## Community Health Care in Marion

Marion's community centres offer a variety of low cost programs and activities that promote healthy living with an emphasis on early intervention. A number of these organisations and the services they provide are listed below.

(For details of these programs, contact the community centres directly at numbers below.)

### HEALTH CENTRES

#### Inner Southern Community Health Service

1140a South Road, Clovelly Park SA 5042  
Tel: (08) 8277 2488 • Fax: (08) 8277 5629  
Web: www.ischs.com

ISCHS is the City's major community health service provider. A number of its programs and special interest support groups are listed here to give you an idea of the variety of health programs available. For more details, contact the ISCHS.



**\* Aboriginal diabetes**

Information sessions about blood pressure, foot care, healthy eating. Cooking presentations and outings with a healthy lunch for \$1. Transport is available.

**\* Aboriginal women**

A friendly get-together with guest speakers, plus health-based activities and craft, cooking and sewing.

**\* Counselling**

ISCHS offers this free service with a duty counsellor available for people seeking counselling services or advice about domestic violence, grief and loss, relationships, sexual abuse, anxiety and depression. A waiting list may apply. The duty counsellor is available between 9.00am - 12pm Mondays, Wednesdays and Fridays.

**\* Diabetes education**

A free service for people with Type 2 Diabetes Mellitus (Mature Onset) and their partners. Aimed at improving self-management skills for diabetes sufferers with professional staff on hand for support and advice.

**\* Women's cardiac support**

Offers women with a heart condition the chance to share experiences and become informed about relevant topics such as diet and nutritional needs, and overcoming stress and anxiety.

**\* Nutrition**

Dieticians available to give qualified advice and provide counselling for a variety of nutritional concerns.

#### Marion Youth Centre

249 Diagonal Road, WARRADALE SA  
Tel: 8377 1055

Marion Youth Centre (MYC) provides information, support, referral and counselling services on a range of health issues for young people aged between 15 and 25. The Centre's drop-in centre provides a place for young people to meet and chat.

**\* Support groups**

For young people aged 15 - 25 who are dealing with mental health issues such as depression, anxiety and anger management.

**\* Sexual health clinic**

Free, confidential and accessible health services with a nurse practitioner and doctor. Services include safe sex advice, male/female sexual health screening, STD advice, contraception and relationship advice as well as PMT, immunisation and general health concerns.

**\* Marion Indigenous Youth Zone**

A recreational and leadership development group for young indigenous people.

Other services include a youth advisory committee, legal advice, health education as well as school holiday programs and excursions. Services are free, confidential and safe.

#### Flinders Medical Centre

Flinders Drive, BEDFORD PARK SA  
Tel: 8204 5511

Fostering community health initiatives and support groups are an important part of FMC's public health focus.

**\* Expectant and new mothers**

A support group facilitated by a mid-wife from Flinders Medical Centre provides information and a forum for women to discuss family and motherhood issues. Tel: 8204 4667.

### NEIGHBOURHOOD CENTRES

Marion's Neighbourhood Centres provide some preventative health programs and activities for families and individuals. Located at Glandore, Mitchell Park and Trott Park, the centres also offer information, advice and referrals dealing with a variety of community and personal health matters.

#### Glandore Community Centre

25 Naldera Street, GLANDORE SA  
Tel: 8371 1139 • Fax: 8293 3589

**\* Keeping Fit**

Low impact exercise classes combining short aerobic sessions with stretching and relaxation. Qualified instruction.

**\* Counselling**

Professional advice and support along with referral services covering a wide range of health needs.

**\* Bereavement support**

Programs for both adults and children experiencing grief through the loss of a parent or parent figure.

#### Trott Park Neighbourhood Centre

34 Hessing Crescent, TROTT PARK SA  
Tel: 8387 2074

**\* Men only courses**

Counselling programs for men.



**\* Yoga**

A chance to relax and stimulate mind and body through this gentle exercise.

**\* Creative cooking**

A choice of classes exploring a range of cuisines and ways of preparing quick and nutritious meals.

#### Mitchell Park Neighbourhood Centre

1 Cumbria Court, MITCHELL PARK SA  
Tel: 8277 8435

**\* Weight Watchers**

Participate in this recognised weight loss program and shape a new outlook on life.

**\* Rowlands Ki Boa**

Aerobics, dance, kicks and boxing combine in this fun and fast way to get fit.

#### Cooinda Recreation Centre

Rear of Marion Council Administration Building, 245 Sturt Road, STURT SA  
Tel. 8375 6703

Cooinda Recreation Centre provides an extensive range of services and activities, including health programs, for people aged above 50 years.

**\* Heart Throb**

A support group for those with angina or other health issues such as diabetes. A qualified instructor guides you through a course of gentle exercise and gives valuable tips on keeping healthy.

**\* Keep Fit**

Caters for a range of fitness levels from easy-to-manage chair exercises to advanced. Qualified instruction provided.



**\* Tai Chi**

Reap the benefits of this mild, energy giving exercise.

**\* Yoga**

An ancient form of exercise with multiple benefits for your health and fitness.

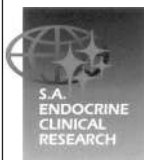


## ARE YOU AT RISK OF DEVELOPING TYPE 2 DIABETES?

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We are seeking **people who have risk factors for Type 2 Diabetes** for example, if you have

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- High blood pressure
- Past History of impaired glucose tolerance or gestational diabetes
- Heart Disease
- High Cholesterol
- Aboriginal or Torres Strait Islander heritage



If you are interested in participating and would like further information please contact SA Endocrine Research on 8293 6533

AT SA endocrine clinical research we are involved in the research of new diabetes treatments to see if we can improve care.

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# Wetland wonderland

What was recently a suburban paddock dotted with feral olive trees, artichokes and other weeds is now an oasis for the enjoyment of all. LANCE CAMPBELL takes a walk through it. Photography: ERIC ALGRA

Two hundred years ago, before European settlement, Warriparinga was a beautiful part of Australia.

But only four years ago, you would have given these 3.5 hectares of Marion a wide berth.

If you can have a desert in the middle of a city, what is now the Warriparinga Wetland qualified for the description back then, paid in full.

It was the wasteland on a corner of busy Sturt and Marion Roads.

Now it is home to more than 8000 trees, shrubs and aquatic plants, 30 species of native birds and seven of fish. There are five types of frogs, including two in the trees.

It is a nature wonderland on your doorstep.



The Warriparinga Wetland holds around 23 million litres of Sturt River water, diverted into ponds where the natural wetland cleansing process removes 100 tonnes of sediment a year. Then the water returns to the river and on to the Patawalonga Basin.

In the meantime, new life goes on in the wetland's three natural zones - the aquatic, the riparian and the terrestrial.

In the aquatic, black bream, the small-mouthed hardyhead, the big-headed gudgeon and the bribled goby hold their own against introduced species such as redfin and mosquito fish, one day to be banished by the natives.

Water plants, or macrophytes, provide bank stabilisation, food, shelter and habitat for organisms that improve water quality. Submerged water plants like fennel pondweed, water milfoil and ribbon weed, strip nutrients such as phosphates and nitrates from the water and sediment. They also slow the flow, causing dirt and pollution particles to settle into their roots.

Warriparinga is a Kurna place, traditional and sacred, and around the pond edges are common reed, river club rush and spiny flat sedge. All three once had Aboriginal usage, for spears, food and fibre.

The hoary-headed and Australian grebes, the little black cormorant, the white-faced heron, the Eurasian coot, maned duck and black-fronted dotterel are among the dozen water birds of Warriparinga. Don't be surprised to see a pelican, either, or an ibis dropping in.

The narrow strip of land a metre up from the high water mark is the riparian zone. Plants such as the purple spring and summer flowering creeping monkey flower abound, and river redgums were used by Aboriginals for their edible seedpods and their bark for shields and canoes.



Up in the terrestrial zone, furthest from the water, a natural pre-European grey box woodland is establishing itself. The red-berried ruby saltbush is the wetland's main groundcover, and sticky boobialla and kangaroo grass grow well.

Parrots such as the Adelaide rosella, the red rumped parrot and rainbow and musk lorikeets have returned to Warriparinga, along with the welcome swallow, the New Holland honeyeater, the spotted turtledove and the red wattlebird.

The possum, owl and kookaburra never left.

The wetland and its walk are just one aspect of Warriparinga. Further south, on the other side of the river, visitors can also take in the mix of Kurna and European influences with the Tjirbruki Gateway and Fairford House and gardens. The Living Kurna Cultural Centre further enhances the Kurna focus of this unique environment.



The Warriparinga Wetland goes some way to restoring the area to its pre-colonial natural state, and it must be one of the healthiest environments in Marion, green and welcoming.

Take a picnic basket or just take a stroll, and enjoy it.

• Brochures about Warriparinga and Wetland walks are available from Marion Council on 8375 6600. ◀



## Coming Events

### Theatre

#### ▶ Bums on Seats

Galleon Theatre Company presents this uproarious adult comedy. Director **Trudy Pearce** leads the cast in a crazy romp between chaos and catastrophe.

- 8pm on 21, 22, 23 and 28, 29, 30 November;
- 2pm matinee on 23 November

*The Domain Theatre*  
Marion Cultural Centre  
Tel: 8298 5578

#### ▶ Hank's night - and - The night Esther's bowling club went to the Mars Bar

Full Swing Productions presents two hilarious one-act plays with a cast of four talented actors performing dual roles. A night of risqué fun that will have you rolling in the aisles.

- 8pm on 7, 9, 14 and 16 November
- 6.30pm and 9pm on 8, 15 November

*Domain Theatre, Marion Cultural Centre*  
Cost: \$18 (\$14 conc)  
Tel: 8377 3715

#### ▶ There goes the Bride

The Daw Park Players brings you an adult comedy on the trepidations of a young bride facing the 'changed landscape' of married life. Directed by **Jacqui Franks**.

- 8pm, on 17, 18, 19 and 24, 25, 26 October
- 2pm matinee session on Saturday 19 October
- Post-play chicken and champagne supper for Thursday sessions.

*SPF Hall, Repatriation General Hospital (gate 8, off Goodwood Road)*  
Cost: \$8 (\$6 conc), \$12 for chicken and champagne session and supper  
Tel: 8276 6617

### Music

#### ▶ Lunchtime concerts

The Flinders University Music Advisory Committee hosts weekly concerts featuring a wide range of musical and vocal talent. Concerts run throughout the year during term time.

1.00pm, Tuesdays  
*Art Museum, Social Sciences North, Flinders University (adj car park 5)*  
Tel: 8201 3911

#### ▶ Morning Serenades

Special guest artist is renowned local tenor, **Brian Gilbertson**.

11am, Tuesday 20 October. Book early  
*Domain Theatre Room*  
Marion Cultural Centre  
Tel: 8377 1832

#### ▶ Southern Jazz

Enjoy regular Sunday jazz get-togethers at the Tonsley Hotel.

2pm - 5pm, first and third Sundays  
*Tonsley Hotel, South Road, Clovelly Park*  
Tel: 8295 5575

### Health and recreation

#### ▶ Living with Parkinson's

Do you or someone you care about, live with Parkinson's disease? This free information session may assist you.

1.30 - 2.30pm Tuesday 15 October  
*Marion Cultural Centre Library*  
Tel: 8375 6785

#### ▶ Swim Centre opening

Marion Swimming Centre opens its 2002/3 season on Saturday 12 October.

- Sunday 20 October - AquaFitness-sessions to re-commence
- Monday 21 October - Proswim-swimming lessons start.
- Monday 14 October - Swimming training to commence
- Wednesday 16 October - Training for Marion Amateur and Aussie, Meteors Triathlon Club starts

Tel: 8276 4939 or 8375 6636.

### School holidays

#### ▶ Greenhills

Enjoy a special day outing to Greenhills Adventure Park. All the usual attractions.

10am - 2.30pm, Wednesday 9 October  
Cost \$15 per child. Bookings essential  
*Trott Park Neighbourhood Centre*  
Hessing Crescent, Trott Park  
Cost \$8. Bookings essential  
Tel: 8387 2074

#### ▶ Monsters Aren't Real

**Sue Harris** presents an entertaining puppet show that proves that monster's aren't real.

10.30am Wednesday 9 October  
*Hallett Cove Library*  
Zwerner Drive, Hallett Cove  
Cost: \$2.00 per child  
Tel: 8375 6755

#### ▶ Storytelling and craft activities

Enjoy some funny and 'furry' storytelling followed by some exciting craft activities, including Make a Giant (Tuesday), Make a witch mask (Thursday)

10.30am, Tuesday 8 and Thursday 10, October  
*Park Holme Library*  
Duncan Avenue, Park Holme  
Cost: free  
Tel: 8375 6745

#### ▶ 3...2...1...we have lift off

Did you know our Earth and everything on it (us included) is currently travelling at 107,229 km/h? Explore space up close at the Investigator Science Centre.

Until 13 October  
*Investigator Science Centre*  
Wayville Showgrounds, Goodwood  
Tel: 8410 1115

#### ▶ What to read after Harry Potter

Find out where new challenges might be for your child after Harry P. **Gloria Bred Rolton**, noted lecturer in children's literature looks at a range of reading topics and options suitable for your child. For children 9 - 12 and their parents/carers.

3.00pm, Wednesday 9 October  
*Marion Cultural Centre Library*  
Tel: 8375 6785

#### ▶ Zoom In

Look into the microscopic world through the latest magnifying device. Robotic and binocular microscopic open up a new perspective for the human eye.

Until 13 October 2002  
*Investigator Science Centre*  
Wayville Showgrounds  
Goodwood  
Tel: 8410 1115

### Visual arts

#### ▶ Marion Art Group

More than 150 paintings on show covering all mediums with a variety of themes including seascapes, landscapes and still lifes. Raffle in support of the Guide Dogs Association.

Monday 14 to Saturday 19 October, 2002  
*Westfield Marion (ground floor, adjacent Sportsgirl)*  
Tel: 8370 6250

#### ▶ Small Deaths: work by Kate Breakley

A display of work exploring the life-cycle of the physical world. Includes a forum on the topic 'Relationship between photography, natural history and death'.

7 November to 14 December, 2002  
*Flinders University Art Museum-City Gallery*  
14 - 16 Grote Street, Adelaide  
Tel: 8212 8488

#### ▶ Something About Us

An exhibition of printmaking, painting, digital images and mixed media by **Rebecca Arman** and **Debby Haskard-Strauss**.

Opening: 6.30pm, Friday 18 October 2002  
Concludes: Friday 8 November.  
*Bruce Wilson Gallery*  
Onkaparinga Institute of TAFE, O'Halloran Hill Campus, Majors Road, O'Halloran Hill  
Tel: 8177 3444  
email:bwgallery@hotmail.com

### Fetes, markets and crafts

#### ▶ Art market

Art and craft stalls and students' artwork for sale  
5.00pm - 7.00pm Friday 29 November  
*The Bruce Wilson Gallery*  
Onkaparinga Institute of TAFE, O'Halloran Hill Campus  
Majors Road, O'Halloran Hill  
Tel: 8177 3444

#### ▶ Christmas mini fete

Looking for that special present? Bargains include Christmas cards, gift wrap, cakes, books, small item white elephant store, BBQ and Devonshire Tea. All welcome.

9.30am - 12.15pm, Thursday 24 October  
*Coolinda Recreation Centre*  
rear 245 Sturt Road, Sturt.  
Tel: 8375 6705

#### ▶ Community afternoon

An afternoon of community fun with craft stalls and a variety of entertainers.

12.30pm, Thursday 24 October  
*Parkholme Community Hall*  
Cnr Marion Road and Wallalla Avenue.  
Admission \$5  
Tel: 8293 8626

#### ▶ Marion's art and craft market

With more than 90 high-quality craft stalls, this monthly market sponsors CanTeen for teenagers with cancer.

10am - 4pm, third Sunday of the month  
*Marion Leisure and Fitness Centre,*  
cnr Oaklands Road and Rosedale Avenue,  
Morphettville  
Tel: 8298 7747

#### ▶ Stella Maris annual fete

Entertainment, displays, amusements, stalls and rides galore along with some great prizes. Delicious drinks and tantalising tucker.

10am - 3pm, Sunday 27 October  
*Stella Maris Paris School*  
Cnr Ramsey and Mulga Avenues,  
Seacombe Gardens  
Tel: 8296 3928

#### ▶ Garage sale

Monster sale for those pre-Christmas bargains.

9.00am - 12pm, Saturday 19 October.  
*Trott Park Neighbourhood Centre, 34 Hessing Crescent, Trott Park.*  
Bookings essential for sellers.  
Tel: 8387 2074

### Special events

#### ▶ Carols in the Park

Celebrate Christmas with songs and entertainment. Barbershop quartet, Marion City Band, craft and food stores.

From 5.30pm, Wednesday 4 December  
*Glandore Community Centre*  
25 Naldera Street Glandore  
Tel: 8371 1139

#### ▶ Clipsal Melbourne Cup

See the Cup come to life on the Clipsal Super Screen. You won't find a better place to enjoy yourself than at Morphettville on Melbourne Cup Day. The latest fashions will be on parade as well as a full program of live races with live bands to kick on the entertainment well after the finish line.

Tuesday 5 November  
*Morphettville Race Course, Morphettville.*  
Tel: 8295 0103

#### ▶ Mannum-On-The-Murray

Travel to Mannum through the picturesque Adelaide Hills, arriving for morning Devonshire Tea served at the Quilting Exhibition, Mannum Dock Museum plus enjoy a tour of the paddle steamer, 'Marion'.

Departs Coolinda 9.15am, Thursday 17 October.  
*Coolinda Recreation Centre*  
rear 245 Sturt Road, Sturt  
Cost \$32. Bookings essential.  
Tel: 8375 6705

#### ▶ 10th birthday celebration

O'Halloran Hill TAFE Child Care Centre celebrates 10 years of support for its staff and students. Food, sideshows, displays, police dogs and police car 'tour' - heaps of fun for everyone.

11am - 3pm Saturday 19 October  
*O'Halloran Hill TAFE, Majors Road.*  
Tel: 8177 3431

#### ▶ 21st birthday party

Clovelly Park Playgroup invites past and present members and their families for a day of food and fun.

11.30am Sunday 20 October  
*Sister City Gardens, Oaklands Road, Oaklands Park*  
Tel: 8374 4002

### Forums and workshops

#### ▶ Parenting on the Internet

Helpful advice for parents on guiding children in safe Internet surfing.

7pm - 9pm, Thursday 17 October  
*Trott Park Neighbourhood Centre*  
Hessing Crescent, Trott Park  
Tel: 8387 2074

#### ▶ Marion Residential Zones PAR

Residents are invited to attend community forums about proposed changes to residential zoning in Marion.

- 7-9pm, Wednesday 23 October  
*Hallett Cove Baptist Church auditorium*  
1 Ramrod Ave, Hallett Cove
- 3-5pm, Thursday 24 October  
*Marion Council Chambers*  
245 Sturt Road, Sturt
- 7-9pm, Thursday 24 October  
*Parkholme Community Hall*  
cnr Marion Road and Wallalla Ave,  
Parkholme
- 7-9pm, Tuesday 29 October  
*Marion Council Chambers*  
245 Sturt Road, Sturt

#### ▶ Public hearing on Marion's Residential Zones PAR on:

7pm, Wednesday 4 December  
*Marion Council Chambers*  
245 Sturt Road, Sturt  
Tel: Jim Allen on 83756665

#### ▶ Understanding, valuing and sustaining the life of our seas

Flinders University inaugural lecture program is on again giving the public an insight into various research activities at the university. Learn about the important role oceans play in the health of our planet. Delivered by Biological Science Professor, **Peter Fairweather**.

12.30pm - 1.30pm Friday 18 October  
*Lecture Theatre 1 Humanities building (off plaza)*  
Bus shuttle from car park 3 (please RSVP if required)  
No charge. Light refreshments provided  
Tel: 8201 2965

#### ▶ Taking Hollywood seriously

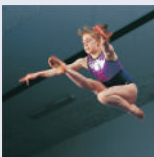
A journey into the workings of today's film industry, presented by Professor **Richard Maltby** (Screen Studies).

12.30pm - 1.30pm Friday 25 October  
*Lecture Theatre 1 Humanities building (off plaza)*  
Bus shuttle from car park 3 (please RSVP if required)  
No charge. Light refreshments provided  
Tel: 8201 2965

#### ▶ Water symposium - Working on Water

Concerned about our scarce water resources? This symposium is part of National Water Week and will showcase ways to better manage water. Marion Council will present: Local Government Leading Change: Council Practice in Water Efficiency in Parks and Reserves: A case study in practice.

9am - 5pm Wednesday 23 October  
*Hahndorf Resort, 145a Main Street, Hahndorf*  
Information and registration details on  
Tel: 8204 9028



## Courses and classes

### ▶ Children's cartooning and art

A chance for your child to learn the basics of this cartooning and release their creative talents.

*Saturday mornings*  
Trott Park Neighbourhood Centre  
Hessing Crescent, Trott Park  
Tel: 8387 2074

### ▶ Christmas cooking and gift making

Add that personal touch to Christmas gift giving.

*12pm - 2.30pm, Mondays, 11 November to 2 December*  
Trott Park Neighbourhood Centre  
Hessing Crescent, Trott Park  
Cost: \$25 includes ingredients and materials. Free crêche.  
Tel: 8387 2074

### ▶ English conversation

A group of people who use English as a second language and want to improve their conversation, reading and writing, with trained teachers.

*12.30pm - 3pm, Mondays during school terms*  
Cost: \$2.50 per session with free childcare available. (\$1.50 concession)  
Ascot Community Uniting Church  
24 Fifth Avenue, Ascot Park  
Tel: 8277 7842

### ▶ English language

Learn basic language and conversation skills in a one-to-one setting.

- 7pm - 9.15pm, Mondays
- 12.30pm - 2.45pm, Tuesdays
- 10am - 12.15pm, Wednesdays (childcare available)

Uniting Church Hall, cnr Lascelles and Struan Avenue, Warradale  
Tel: 8276 2103

### ▶ Fabric and glass painting

Test your creative skills and learn new painting techniques.

*9.30am - 12.30pm, Tuesdays*  
Mitchell Park Neighbourhood Centre  
Cumbria Court, Mitchell Park  
Cost: \$8.00 per class.  
Tel: 8277 8435

### ▶ Grief management

Short courses for those who have experienced loss of a loved one or for carers who work with the bereaved.

Alfred James Bereavement Education Centre  
543 Marion Road, South Plympton  
Tel: 8371 1009

### ▶ How to paint and draw

Learn basic art skills in small friendly groups, in a professional studio setting. Individual tuition from experienced artist and teacher, Faith Thorley.

*Saturdays (two-hour sessions at various times)*  
Discount applies for 6-session program.  
The Studio, Steed House  
6 Arthur Street, Plympton Park  
Cost: \$12 per class (\$8 conc.)  
Tel: 8297 9180

### ▶ Leopard judo

Judo 'Japanese Wrestling' is the world's most popular martial art with the second highest participation rate of any sport. A great opportunity to get fit and learn some special skills. Expert instruction.

*6.30pm - 8pm, Mondays during school term*  
Hallett Cove East Primary School  
Quailo Avenue, Hallett Cove  
Tel: 8382 1221

### ▶ Language, literacy, numeracy

Improve your language and numeracy skills in a friendly, non-competitive environment. A chance to meet others facing similar challenges.

*10am - 12.00pm and 7pm - 9.00pm, Mondays*  
Cost \$1.10 per class.  
Mitchell Park Neighbourhood Centre  
Cumbria Court, Mitchell Park  
Tel: 8277 8435

### ▶ Personal computer tutoring

Learn a range of software programs all at your own pace and with your own personal tutor.

- 9.30am - 12.30pm Tuesdays, Wednesdays and Fridays
- 1.30pm - 3.30pm, Thursday

Glandore Community Centre  
25 Naldera Street, Glandore  
Bookings essential. Cost \$5.00 per hour.  
Tel: 8371 1139

### ▶ Seniors' computing

A range of computer courses for seniors. MS Works, Word, Excel. Small daytime classes with individual support.

*10am - 12pm, Tuesdays and Thursdays*  
Mitchell Park Neighbourhood Centre  
Cumbria Court, Mitchell Park  
Tel: 8277 8435

### ▶ Warradale English Language Program

Learn to speak, read and write English (from basic to advanced)

- Monday evenings 7-9pm (one-to-one tuition)
- Tuesday mornings 10-11.30am Conversation Class (with childcare - followed by a shared lunch)
- Tuesday afternoons 12.30-2.30pm (one-to one tuition)

Cost: \$5 materials fee per term plus 50c for each session  
Ph: 8276-2103

## Interest groups

### ▶ Cooinda garden club

Discuss and share your knowledge of plants, shrubs and vegetables.

*1.00pm - 2.30pm, first and third Monday of each month*  
Cooinda Recreation Centre  
Cnr Sturt and Diagonal Roads, Sturt  
Tel: 8375 6703

### ▶ Cooinda 'Happy Hour'

A fun social group with structured and informal activities. Suitable for those with limited mobility.

*10am - 11.30am, Mondays*  
Cooinda Recreation Centre  
Cnr Sturt and Diagonal Roads, Sturt  
Tel: 8375 6703

### ▶ Discussion group

Conducted by Dr Stuart Partis, retired political science lecturer. Your chance to listen or contribute to a lively and informative discussion group.

*2.30pm, first Wednesday each month*  
Cooinda Recreation Centre  
rear 245 Sturt Road, Sturt  
Tel: 8375 6705

### ▶ Folk Artists' Guild

Guest speakers and discussions on traditional painting, furniture decoration with art and craft library available.

*7.30pm, last Friday of the month.*  
Glandore Community Centre  
25 Naldera Street, Glandore  
Tel: Cathie 8379 1962

### ▶ Friends of Hallett Cove Conservation Park

Activities include guided walks, re-vegetation, education and plant identification programs.

*Third Sunday of the month at the Park and guided walks starting 9.00am Thursdays. For times and meeting points,*  
Tel: 8381 8029

### ▶ Friends of Marino Conservation Park

A support group assisting National Parks and Wildlife to protect remnant coastal heath and restore the park to its natural state.

Nimboya Road, Marino  
Wednesday mornings and last Sunday of the month (April to November)  
Tel: 8298 5209

### ▶ Greenfield community club

A wide range of activities, presentations and outings for older people looking for new friends.

*7.45 - 9.45pm, second Tuesday of the month*  
Greenfield Road Community Club  
Uniting Church  
Greenfield Road, Seaview Downs  
Tel: 8298 5400

### ▶ Indoor bowls

Relax and enjoy this all-weather sport for all ages.

*7.30pm, Wednesdays*  
Clovelly Park Memorial Community Centre,  
York Avenue, Clovelly Park  
Cost: first visit free, \$2 match fee per week.  
Membership: \$10 per year.  
Tel: 8293 5350

### ▶ Interact-A community

A coming together of people from Hallett Cove and surrounding districts aimed at fostering a sense of community through friendships, shared interests and activities with emphasis on what individuals can do regardless of physical and intellectual limitations.

*10am - 3pm, Thursdays.*  
Hallett Cove Baptist Church,  
1 Ramrod Avenue, Hallett Cove.  
Cost: gold coin donation.  
Tel: 8322 6469

### ▶ Keep Walking

Bush walking and near-city walks to Mt Bold, Waterfall Gully, Belair Recreation Park, Sturt Creek, Linear Park, Deep Creek Conservation Park and Cape Jervis. Walks for a range of fitness levels with accredited leaders.

*Starting times: 9.30am and 10am.*  
Cost: \$8 for three and four-hour walks. \$7 for two-hour walks.  
(\$1 off for concession holders)  
Tel: 8298 1321

### ▶ Line dancing

Get fit and have fun. Beginners welcome.

*7.00pm, Wednesdays*  
Mitchell Park Community Hall  
cnr Bradley Grove and Quick Road,  
Mitchell Park  
Tel: 8281 4767 or Yvonne on 8296 4908

### ▶ Marion croquet

Play either croquet or golf croquet. Leisurely, friendly sports for everyone.

- Monday and Wednesday mornings.
- Tuesday, Friday and Saturday afternoons.

Marion Croquet Club  
246 Sturt Road, Marion  
Cost: first visit free, \$4.50 per visit thereafter.  
Membership: \$260 per year.  
Tel: 8296 2353

### ▶ Marion City Band

An invitation to both new and experienced band musicians to join our brass band.

A range of exciting events is planned for the City Band in the later half of 2002.  
*7.30pm, Wednesdays*  
RSL Hall Norfolk Road, Marion  
Tel: 8389 3538

### ▶ Mitchell Park playgroup

Take a break and let your child make some new pals.

*9.30am - 11.30am, Wednesdays*  
Mitchell Park Neighbourhood Centre  
Cumbria Court, Mitchell Park  
Cost \$1.10 per session  
Tel: 8277 8435

### ▶ Over 50's Travel and Social Club

Meet new friends and share your travel stories.

*1.30pm, first Friday each month. Membership and entry fee of \$5.*  
Lutheran Church, Ragamuffin Drive,  
Hallett Cove  
Tel: 8387 0352

### ▶ Parents without Partners

A self-help family support group devoted to the readjustment and interests of single parents and their children. A mix of family activities including outings, picnics, barbecues, hikes, camping plus adult social and recreational activities.

*7 - 9pm, Fridays*  
Mitchell Park Neighbourhood Centre  
Cumbria Court Mitchell Park  
Tel: 8359 1552

### ▶ Readers' group

New members always welcome. Share your opinion and ideas on a range of selected books.

*Next meeting: 10am, Thursday 10 October*  
Marion Cultural Centre Library  
Tel: Joyce on 8296 7406

### ▶ Table tennis

Have fun and get fit. For those who play at intermediate level.

*12.00pm - 4pm, Wednesdays*  
Mitchell Park Neighbourhood Centre  
Cumbria Court, Mitchell Park  
Cost \$1.10  
Tel: 8277 8435

### ▶ Westfield Walkers

Rain, hail or shine. Enjoy a morning's walk under the supervision of accredited fitness leaders.

*Mondays, Thursdays and Fridays*  
Meets 7.25am at information booth near Charlesworth Nuts 8.30am cool down, and light breakfast  
Cost: \$2 (breakfast extra)  
Tel: 8281 9525

## Services

### ▶ Counselling

Is the world changing too fast for you? Problems in relationships with partner, boss, workmates or life in general? Trained counsellor support available.

*9am - 12pm, Tuesdays*  
Glandore Community Centre  
25 Naldera Street, Glandore  
Tel: 8371 1139

### ▶ Legal services

Legal advice with free initial interview for anyone residing in Marion Council and surrounding areas. Additional support, including legal representation in some cases, for those on low incomes who are unable to qualify for a grant of legal aid or afford private representation. Assistance includes, family law, child support, criminal law and civil law. Complete confidentiality assured.

Marion Community House  
cnr Morphett and Oaklands Road,  
Warradale  
Tel: 8384 5222

### ▶ Magazine exchange

Swap magazines and meet new friends. Wide range of subjects for all ages.

*9am - 3.30pm, Monday to Friday*  
Community Library  
Glandore Community Centre  
25 Naldera Street Glandore  
Tel: 8371 1139

### ▶ Men's activities

Have you a skill or talent you can offer the Centre? Looking for men to become involved in a range of activities or who have ideas for courses and programs specific to their needs.

Trott Park Neighbourhood Centre  
Hessing Crescent, Trott Park  
Tel: 8387 2074

### ▶ Obesity study

Are you concerned about your child's weight? Flinders University will conduct a study targeting parents of overweight 6 - 9 year olds concerned by their child's weight. 'Healthy Eating and Lifestyle through Positive Parenting' (HELPP) aims to promote healthy eating and activity habits in families through positive parenting.

Tel: 8204 5863



## Focus on health



MAYOR  
Mayor Felicity-ann Lewis

▶ As Spring weather begins to warm us the community seems to emerge again, into its public spaces. The fetes and gala days show a vitality that is part of Marion. The second Marion Learning Festival formed part of this promotion of community and celebration of learning as a lifelong pursuit. This is my life and passion. My professional interests are predominantly in health promotion and physical activity. This issue of *City Limits* has a focus on health and I would like to continue with this theme. I am a member of the Flinders Medical Centre Board of Directors and the Local Government Association representative on the Environment and Public Health Council. Currently the State Government is conducting a review of the health system in South Australia called the Generational Review. Australia has a good hospital system which we must retain, but we at the local level must advocate for greater resourcing and support for preventative health programs and health promotion as described by the World Health Organisation in the Ottawa Charter. My involvement in these Boards allows me to participate

in ensuring that local health needs are being addressed in a planned way.

Making the healthy choice the easy choice, and including our diverse community in health promoting programs, is an important role for the local council. Health must be seen as more than physical well-being. A social view of health is needed to develop a healthy community. That includes our mental, social, emotional and spiritual health. Many of the determinants of health are factors beyond our individual control (eg: socio-economic levels, access to transport, education, culture/language, family support). These are being addressed by Council to ensure a healthier community that will not place an increasing burden on the hospital system.

In August, Council hosted a multicultural forum in conjunction with the Migrant Resource Centre. Agencies within the Marion area discussed the City's emerging challenges as it becomes more multicultural. Thirty languages are spoken in Marion which has many diverse cultures, often in small numbers.

This presents these groups with great challenges that we must all work hard to overcome. Isolation and lack of language skills put these residents at risk of poor health outcomes.

September 2002 was a celebration of the opening of the Living Kaurna Cultural Centre at Warraparinga. This project was funded through the Federal Government's Centenary of Federation. Aboriginal health outcomes remain a disgrace for a country like Australia. This can be traced back to the structural determinants of health. This project is a genuine attempt by the Marion community to provide a place for spiritual renewal and celebration for the Aboriginal community. It will be a place for the whole community, black and white, to learn from each other and to share and celebrate our future together as a multicultural community.

I hope that this and our numerous health promotion initiatives will provide everyone in Marion with increased health outcomes as we strive to live in a safe and supportive community that values all its people. ◀



**South Ward**  
**Councillor Rob Durward**  
18 Luke Court  
O'Halloran Hill  
SA 5158  
Tel/Fax: 8387 4737

I have been concerned about the extent of damage to Council roads, footpaths, kerbs and water tables and have discussed this with Council staff. Damage to footpaths may occur due to natural causes, eg tree roots lifting sections, movement of reactive soils or normal wear and tear. Heavy machinery or trucks driving on or over the pavement, digging by utilities to install underground services, or accidents may also cause damage. It is the cost of damage caused by builders, residents, utilities or contractors that are recoverable under the Local Government Act 1999 for Roads.

A team of Council staff members recently spent time analysing the existing processes, gathering data about the extent of the issue and preparing recommendations. It is estimated that Council presently repairs up to 1500 damaged footpaths a year for a cost of around \$578,000, a cost that must be drastically reduced. I believe a more proactive follow-up of damage around the City has the potential to improve the success rate of achieving repairs at no cost to Council. Follow-up is currently occurring with customer requests and it is estimated this is achieving an 80 per cent success rate, saving the Council ratepayers a considerable amount. To achieve anticipated future savings and a reduction in infrastructure maintenance costs, Council will need to be more diligent in inspecting sites of possible damage. Council has allocated staff to assist with this for a six-month trial.



**South Ward**  
**Councillor Keith Moorman**  
7 Weerab Drive  
Hallett Cove  
SA 5158  
Tel/Fax: 8321 9658

After serving two years on the City of Marion Council, I still find it challenging and rewarding with many areas of interest, whether helping residents directly or through my involvement with various committees.

The Field River was in the news in August for all the wrong reasons. The good news is that there is now movement to organise a Friends of the River group to help look after the mouth of the river and the surrounding areas. If you would like to help, then watch the *Messenger* for more information.

The Council, in partnership with the Kaurna Aboriginal Community Heritage Association, has also opened the Living Kaurna Cultural Centre at Warraparinga. This facility will have a big impact on the local Aboriginal community and aims to provide a chance for young Aboriginal people to train in retail and tourism while learning about their history.

Over the last couple of months, I have been looking at Perry Barr Farm and whether it is worth saving. Overall I think that the Council could do a lot more good with the money in areas of more need.

Spring is in the air. At this time, people start cleaning up the garden and planting new trees and flowers. Instead of throwing out all your green waste, try making an area in the garden for composting.

## Building our capacity to deliver



CEO  
CEO Mark Searle

▶ I would like to take a moment to reflect on how we are equipping Council to deliver the services, facilities and planning to take Marion into the future. In a world of management jargon, we are taking a relatively simple approach. Our emphasis is on the importance of task and the importance of people.

Yes, we have a vision for the future. It holds the four keys to increasing the effectiveness of Council's contribution to the quality of life of our community. Concentrating on improving our governance. Relentlessly improving our level of service. Continuing to become a better employer. And building our long term direction and priorities through consultation with the people of Marion.

Have you been disappointed by the corporate collapses dominating the news? Governance is the issue - or lack of it. Big dollar losses are just one of the casualties - the very moral fabric of society is the real issue. We need our public and private institutions to create a more equitable and fairer world for all.

We cannot afford for them to fail. Confidence grows when decision-making is professional, robust, ethical, open and accountable. Council embraces this challenge.

Council is involved in meeting the needs of people in a range of different ways - services, facilities, advocacy, planning, environment, preventative health etc. In all our activities, the challenge is to improve. Ultimately it is about people - responding to current and future needs within the financial constraints that are important to responsible local government.

The best services are provided by the best teams who are employed by the best employers. Achievement, recognition and being valued motivate people. Marion aims to support its staff professionally and personally. Professional support to gain the skills and work through the hurdles and personal support to deal with the life challenges we all have from time to time. From looking after your 44,000 street trees to answering your phone calls, the approach our staff take when responding to you is a reflection of the approach we take to our staff.

And finally, Local Government is best placed to provide leadership at the local level. All people have dreams and aspirations for the future.

Council continues to document the collective dreams and aspirations of neighbourhoods and the City of Marion. Why? To best direct our services, facilities and planning. Council's strong commitment to fulfilling the leadership challenge is evidenced in achievements such as Environmental Management System accreditation - ISO 14000, Marion Cultural Centre and others. Marion has a history of effort, success and celebration.

Financial capacity is critical to all of the above. Council's 'vision' is grounded in five year financial plans. Plans that keep rates rise to a reasonable level (5 percent). Plans that tackle the severe reduction in government grants. Plans that provide the financial capacity to honor commitments. ◀





## West Ward

**Councillor Ray Woolley**  
2/2 Wallalla Avenue  
Park Holme, SA 5043  
Tel: 8277 4409  
Fax: 8177 0712

I would like to inform you of several matters in West Ward. Firstly, an additional mobile phone tower is to be erected at the Park Holme Shopping Centre. Under the Development Assessment Planning Act, only ratepayers, residents in Chambers Street, and part of Oaklands Road were informed of the erection of the additional mobile phone tower. Shopkeepers at the Park Holme Shopping Centre were not informed as required under this Act. This I find totally unacceptable, considering that the shopkeepers, residents and shoppers are at risk of being contaminated by the electromagnetic field produced by mobile phone towers. More than 1000 residents visit this centre per day, and they will be putting themselves at potential risk when they shop.

The existing tower has a new tenant, Telstra. To my amazement some residents believed and thought this to be the additional tower presented to the DAP. This is not so. The new tower will be of similar design to the existing tower but will extend to 30 metres in height, towering over the shopping centre with the potential to co-locate another mobile phone carrier. In all, Park Holme Shopping Centre will have four mobile phone carriers, increasing the electromagnetic field by four times above the acceptable level for a residential area.

West Ward also has the continuing problems of burst water mains. United Water has informed me the infrastructure has seen better days and is in need of replacement. It would be irresponsible for Council to proceed with rebuilding our roads within our ward until the mains water is replaced. Road maintenance would continue, but reduced government road funding will see our roads progressively deteriorate beyond repair. Reduction of road funding by our government is a rip off, considering the amount of direct and indirect taxes that road users pay. Council may be forced to make up the shortfall, as it has been suggested that Council introduces a new road levy. This is not an option. We need to have a royal commission into road funding, and ask why our road taxes (petrol taxes, car and truck registrations) do not go directly towards our roads, but go instead into internal revenue. We need answers.



## West Ward

**Councillor Irene Whennan**  
16a Coolah Terrace  
Marion SA 5043  
Tel/Fax: 8357 6539

Do you have a spare 20 hours per week? Are you willing to become *really* involved in decision-making for your City? Then why not consider running for Council next year! Many people are obviously concerned about what happens in our City and quite a number have views and ideas on how Council and councillors can do things. May 2003 is the next chance for those interested to stand for one of the positions or ward councillor. The remuneration is in part a \$6,000 p.a. allowance, which goes towards expenses involved in fulfilling the role. The other part (and by far the greater reward) is the "thank you" that comes from a satisfied resident.

Your responsibilities as an elected member include attending meetings every Tuesday – Committee of Council, General Council, Elected Members briefings, training sessions and forums (you receive the agenda on Thursday which gives you time to thoroughly read and prepare). You will also be appointed to be the Council's representative on some committees within your ward and attend those monthly meetings.

You will also be asked to become a member of working groups and steering committees directly associated with Council and those meetings occur monthly, bi-monthly or quarterly depending on the particular need. But it is not all meetings and resident requests! There are citizenship ceremonies and other official functions, which enable you to meet people from all nationalities and walks of life (the former in my opinion being one of the most enjoyable aspects of being an elected member!)

Now is the time to think about standing, as there are still eight months for you to find out what it would be like by attending meetings to see how things are done. Closer to the time of the Local Government elections there will be sessions held on the function and responsibilities involved, but don't leave it till the last moment, come to a meeting or three at the Council and see first-hand how things are done. The second Tuesday of the month is the Committee of Council and the fourth Tuesday of the month is General Council. Both meetings begin at 7p.m. If planning and development is your particular interest, the first and third Tuesdays of the month at 6p.m. are when the Development Assessment Panel meets. I must state that when we meet as the DAP we are not meetings as councillors but as community representatives and must make decisions in the light of the Development Act.

It's your community – think seriously about representing it!



## West Ward

**Councillor Vincent Brown**  
4 Beauford Avenue  
Marion SA 5043  
Tel/Fax: 8276 7246  
Mob: 0404 097 246

One thing that struck me while we were doing our periodical review was how little some people understood the role of Mayors and councillors.

In SA and most parts of Queensland the Mayor is elected at large. I tend to agree with this system as it curbs divisiveness within the Council.

Mayors have different legislative powers to the leaders of our other spheres of government and under the Local Government Act are not conferred specific powers.

A Mayor can't shuffle councillors around and if he or she proposes something and it fails to get the vote on the floor, that's where it stays. The decisions of councils are in the hands of the majority of members, while the real strength of the Mayor is in his/her ability to gain the respect and support of the Council.

On another matter, the media recently has given a fair beat up to councils – seems we're moving targets again – about rates and services as usual there's the howl, 'they only pick up my garbage'. But if we don't do that properly it will cost a bit more than if we do.

I'll close by quoting from an impeccable source. The *Advertiser* Editorial 21 June 2000. The heading was 'Older Males running your Neighbourhood'.

*Council membership with its weight of preparation and committee work is time consuming. Younger people tend to have more active social lives or family and job commitments, although so do the majority of existing councillors.*

*Councils are also seen as being concerned with mundane stuff, roads and rubbish. This is so. But it is only part of a mosaic. Councils can beautify a community with cumulative planning decisions, streetscaping, tree planting and work on parks and gardens.*

*They can create community awareness with resource centres. They set guidelines and then take the little decisions which can add up to a transformation.*



## East Ward

**Councillor Joan Herraman**  
29 Allison Street  
Ascot Park  
SA 5043  
Tel: 8276 8503  
Fax: 8276 5619

I wish to write about the sterling job carried out by our Parks Department. On the Sixth Avenue reserve next to the Scout Hall staff have had the irrigation system upgraded, new trees have been planted creating glorious colour in spring in an otherwise colourless park. The existing garden beds have been mulched and replanted with flowers. Sixth Avenue was replanted with bottle brush trees last year so they too will soon provide a colourful entrance from Marion Road.

Beaconsfield Terrace has been planted with Jacaranda trees. Linda Street, Ascot Park, Wingfield Street, Clovelly Park and Cummings Avenue, Mitchell Park were also planted with trees.

The landscape in Mitchell Park has been renewed. The gardens have been mulched which helps to control weed growth. Our council workers in conjunction with the SA Housing Trust have landscaped the verges and I'm sure the residents of Mitchell Park are thrilled with the changes to their suburb. I know there is still more work to be executed but that will be done in time.

I also wish to commend members of the Lions Club of Edwardstown who organised a family picnic day in the park on the corner of Dumbarton Avenue and Towers Terrace, Edwardstown, on 'Plant a tree day' in late July. Not only did they have an enjoyable family day together but planted 12 advanced trees in that park. Thank you Lions, I do hope other groups take example from your community-minded idea.

Once again my sincere thanks to **Gordon Sykes, Kent Williams, Geoff Hardy** and all the gardeners who work so hard to beautify our City.



## East Ward

**Councillor Graham Watts**  
3 Cummings Crescent  
Mitchell Park  
SA 5043  
Tel/Fax: 8276 4551

Stand-up and support your mate when the odds are against him – that's the Aussie tradition. Our local Mitsubishi Motors Australia has been in this position for the last couple of years. The Marion Council has supported Mitsubishi, as it has confronted the forces against it. Mitsubishi is one of the largest employees of local residents and all the community will be affected by production downturns. This, together with the many additional auto part makers in the district, the economy and our lifestyle 'Ride in the boot of the Magna'.

The Council recently visited the Mitsubishi Tonsley plant and I would like to report the change in the last two years. The pride in its excellent product is still there, but now there is self-belief, a realisation that each person can make a difference. Management decisions are made on the floor and are not remote from the work areas. Training and education are personally moulded to individual's needs. The ethos aims to give the employees confidence to 'have a go' and the belief they are as good, if not better, than anyone in the world.

Congratulations not only on a great product, but also on motivating employees to make a better community. Well done.



## Central Ward

**Councillor Carol Bouwens**  
11a Torquay Road  
Sturt, SA 5047  
Tel/Fax: 8298 6079

I was so pleased to be able to attend the opening of the refurbished Pioneers Memorial Hall in July; the Salvation Army has made a great success of the modifications and many community programmes are already well established. Major **Alastair Watson** and his wife **Christine**, as well as the many willing officers and volunteer helpers, will make you very welcome if you have the opportunity to pop in; as local resident **Ross Thomson** said at the opening function, it's lovely to see the old girl in her new dress!

As a member of the Westfield Environment Precinct Group it is pleasing to see the improvements which have occurred in the area since its inception some three and a half years ago. The members of the group, which includes Westfield staff, police, liquor licencing, licencees, ward councillors and Council staff have all worked extremely hard over the years to address issues which have arisen in the surrounding areas. Any untoward occurrences which are reported are taken very seriously and appropriate action taken to address the situation to the best of our ability, and I am hopeful that with the combined efforts of all parties, and continued hard work, we will be able to maintain this situation.

I have been very concerned for quite some time now about the safety of pedestrians endeavouring to cross Diagonal Road, in the vicinity of the Cultural Centre; on-going discussions are being held between staff, Transport SA (which owns the road) and ward councillors in an endeavour to address this problem.

While on the subject of the Cultural Centre, it is very pleasing to see that the architectural fraternity has recognised the architectural merit of our building; it is up there with the Wine Centre and the Convention Centre as buildings creating a lot of public debate and interest about their adventurous forms. Our centre is already a landmark and will provide us with many opportunities for great times and enjoyable cultural experiences.



## Central Ward

**Councillor Bob Donley**  
5 Fowler Street  
Seaview Downs,  
SA 5040  
Tel: 8296 5769  
Fax: 8358 2575

As a Council we remain committed and look forward to the outcome of the State Government's assessment of the State Swimming Centre proposal. The tenancy issue that has been holding up redevelopment of the 'Candeff Building' has been resolved. An application for a medical centre was lodged with the Council and was approved by the Development Assessment Commission subject to conditions.

The new library in the Domain has experienced increased patronage since it was relocated from Sturt Road. Other sections of the Cultural Centre are being well used, with Galleon Theatre receiving good reviews for their latest productions and similar praise being given for the quality of exhibitions at Gallery M.

For 10 years, Marion has maintained a sister-city relationship with Kokubunji City in Japan. Students from Marion High and more recently Hallett Cove R-12 School have visited Kokubunji at their own expense and their parents have hosted students from Japan in their homes. There have been occasional visits by cultural groups and sporting teams but no official delegation from the Council has been to Kokubunji since 1994.

Recently we received a visit from members of the Kokubunji International Association, which was formed to assist non-Japanese who had settled in their city. For some time Council's Hands Across the Communities Committee has been discussing a proposal for a similar Marion International Association. This would establish links with new arrivals and provide opportunities for Marion citizens to experience other cultures. In the near future we will be calling a meeting of people interested in taking this proposal further.





Photo credit: Anne Stropin

# Catherine Gasmier

Freelance photographer CATHERINE GASMIER'S Icebergers picture first appeared in the Lifestyle page of the Spring 1995 edition of *Marion News and Views*. The shot won several awards and seven years later it still has legs – as part of a TV commercial for Hallmark Cards. The picture remains one of Catherine's favourite, thankfully caught on film despite the weather. It could be that it helps to know your own patch.

“ It was overcast. The Icebergers were ready to go home. I encouraged them to hang around in the freezing cold a bit longer. We managed to get half a roll shot and the final picture shone out from the rest. Personally, it remains one of my most rewarding shots, I'm very proud of it.

The photo gained me the title of AIPP South Australian Editorial Photographer of the Year 1996, and was awarded silver with distinction at a national level. It was also selected into the Fuji ACMP Photographers Collection III, which is where the director of the TV commercial sourced the photo.

In 2000 I was invited to Melbourne to be a judge for 'Collection 7'. The Collection is chosen by 12 judges each year to form a book and travelling exhibition. On average 150 images are accepted into The Collection from a field of around 1600. It was a fantastic honour. Many of the entrants and judges were top pros' who I'd looked up to for years. Today I'm the Collection's SA committee representative.

It all started in the maths centre of the old Dover High School where I studied from Year 8 to Year 11. The school started up a photography club at lunch time but it only lasted two weeks because no one else was interested! The moment I saw my first black and white print appear in the developer tray I was hooked.

Marion High offered photography as a subject, so I went there in Year 12 determined to become a professional photographer. Marion was multi-cultural, it had mature age students, and everyone was focused on achieving good results in their work.



About four years ago I photographed **John Schumann** in front of the old school hall. By that time Marion High had closed and was just an empty shell. I felt quite sad that such a good school was gone.

Another place that holds fond memories for me is Kingston TAFE at O'Halloran Hill, where I did a certificate course the following year. It was such a different environment to high school - painting, life drawing, design and photography and I was very inspired by one of my lecturers **Bruce Wilson** who was an encouraging, funny and vibrant character. Sadly he died two years ago.

In 1992 I started work in a studio called Southlight and two years later became a freelancer regularly shooting for *The Bulletin*, *Financial Review* and *New Weekly* along with many PR agencies and graphic designers.

Two years ago I started working for myself. Last year as part of a team, I won Best of Show at the Global Design Awards in New York for a series commissioned by **Dinah Edwards** at IKD Design. This year it was the Gold Chair with IKD at the Adelaide Art Directors Awards for Beer Bros Wines.

After 10 years of working in the industry I'm more passionate than ever about photography and the creative areas of my life. When I'm asked why I still love to take photos for a living I always say it's the freedom to create my own future and the opportunity to meet a fantastic bunch of people. ”



**Clockwise from left:**  
*The Icebergers, Seacliff Beach. Gardens of Versailles, and image for Beer Bros Wines, wine label.*

**Collection 7 is showing at the Adelaide Festival Theatre foyer from 10am to 5pm until 5 October.**

